

Flash quotes

As of FRI 2 JUN 2023

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## Daisy OSAKUE (ITA)

### Discus Throw Women - 7th 61.55

Sono abbastanza contenta, ho voluto cercare una misura importante sin dal primo lancio e mi rammarico un po' per il secondo tentativo che era piuttosto lungo. Tanti nulli, forse troppi, ma dopo un inizio difficile sono contenta per come ho reagito anche se avrei voluto festeggiare una misura ancora piu' importante. Ora aspetto Copenaghen e la prossima tappa di Diamond League a Parigi prima dei CdS.

02.06.2023 19:39

## Bin FENG (CHN)

### 2nd 65.91

In this competition, I felt very good and technically it was going well. I am satisfied with the throws but these 5cm... it was almost there. So I cannot be 100 percent glad about it. But I enjoyed it a lot and there is still something to improve. I did not think about my position during the competition, I was just thinking: I have to do better and better with every throw.

02.06.2023 19:39

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## Shanice CRAFT (GER)

### Discus Throw Women - 3rd 64.47

At the warm-up and beginning we had strong rain and during the competition still some light rain, not my kind of weather. I had good results already in the winter and my training has been really good. Today I changed something in my technique, I added a small change of my feet with a small jump - and it went really well. I think we will keep that. Valarie and Bin, they also do that - it is a good perspective for me. I really wanted to have a strong sixth attempt and this result gives me a lot of confidence.

02.06.2023 19:42

## Valarie ALLMAN (USA)

### Discus Throw Women - 1st 65.96

This was an unbelievable competition in a dramatic way! Today was all about competing, my training had been going well. The rain messed with my timing and my technique. I was not able to fly properly, but in the end I managed. At my fifth attempt I found the right tension. Before the sixth attempt it would have been nice to have more time to rest, but this is Diamond League. So I rolled with the rules and the rhythm. I am looking forward to spaghetti and gelato so much now, I think I deserve it.

02.06.2023 19:45

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## Hugues Fabrice ZANGO (BUR)

### Triple Jump Men - 2nd 17.68

This competition was excellent and comes in a good row after my previous ones. I still have to correct some things because we are working on putting on power and this gives me disbalances in my jumps. I wear our national gear because at the moment I do not have a sponsor. My coach Teddy Tamgho has started training again for the the Olympic Games, so he gives me advice on my jumps and he asks for my advice about his jumps

02.06.2023 20:07

## Andy DÍAZ HERNÁNDEZ (CUB)

### Triple Jump Men - 1st 17.75 PB

Trovare il salto giusto al primo tentativo e superare il record del mio allenatore Fabrizio Donato e ´stata una emozione particolare. Abbiamo lavorato per questo sin dal primo giorno ed anche lui era naturalmente molto soddisfatto. Il suo record avrebbe compiuto 23 anni tra pochi giorni: ´stato bello poter festeggiarlo insieme in Italia davanti ad un pubblico cosı caloroso. Ora aspetto con ansia di poter vestire anche la maglia della nazionale italiana.

02.06.2023 20:11

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## Andy DÍAZ HERNÁNDEZ (CUB)

### Triple Jump Men - 1st 17.75 PB

It was crazy to take the Italian national record on the first attempt this evening. My coach Fabrizio Donato got it on June 2000: after 23 years now, it's mine and it was wonderful to have this result in front of the Italian crowd. Fabrizio Donato gave me a home when I arrived in Italy and we worked together from the first day to reach this result. Now, we have to work more and more to improve: if possibile, Fabrizio is even happier than me. Thank you very much, Florence.

02.06.2023 20:11

## Shamier LITTLE (USA)

### 2nd 53.38 SB

I felt pretty good going into the race. Smacked a couple of hurdles, I threw off my rythm but in the end, I think I had a good race. Consistency, that is all.

02.06.2023 20:14

## Femke BOL (NED)

### 400m Hurdles Women - 1st 52.43 MR, WL

This was my first Diamond League race for this year and it is a great result, it met all my expectations! I am really, really happy, I executed the race like I wanted. It was a strong field which pushes me even more. I changed the rhythm between the hurdles, this change makes it easier, less steps and I am still fast. I am looking forward to run in Hengelo in two days because there will be a lot of people from home. And, running the 400m gives me a different stimulance. At the World Championships I have the chance to win a gold medal. I never had a world's gold. So today's time is nice, but this year is all about Budapest, I hope to do well there.

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## Erriyon KNIGHTON (USA)

### 200m Men - 1st 19.89 SB

I was running from the outside, I tried to run relaxed. I would not say that I did not try to stay safe on the home straight. Now, I am very satisfied with this time - under 20 in the first race of the season. I was hoping for such result. The weather was going to affect anybody out here. I just hoped for the sunny conditions before the race but I was ready to come out and do the best. My main goal for the next two weeks is just to do what I can do the best - just to focus and to continue the training. I really do not know how to succeed on the world level, I just have to trust my coach. Whatever he says, I do.

02.06.2023 20:34

## Leonardo FABBRI (ITA)

### Shot Put Men - 1st 21.73

Gareggiare in questo stadio mi fa stare particolarmente bene e mi viene fin troppo facile trovare misure importanti. Proprio per questo ci tenevo a difendere il record dello Stadio Ridolfi. Ora il focus e' cercare di trovare la stessa stabilita' ed efficienza anche in contesti diversi. Dopo un periodo di difficolta' ora sto ritrovando una buona continuita' e stabilita'. Non appena ho saputo che il Golden Gala sarebbe stato a Firenze ho comprato decine di biglietti per amici e per lo staff: ora si va a festeggiare con una gran bella bistecca.

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## Leonardo FABBRI (ITA)

### Shot Put Men - 1st 21.73

This stadium gives me always great feelings and I was focused to keep the stadium record. Everything feels perfect since when I woke up this morning: now I have to work and train to make this possible even in other locations. I live few kilometers from Florence and the stadium was full of friends of mine: my goal was to give all them an evening to remember. A victory with so strong competitors means a lot for me after the problems of the last years: now it's time to improve more and more and I feel very excited thinking at it.

02.06.2023 20:39

## Gina LÜCKENKEMPER (GER)

### 100m Women - 2nd 11.09

I was so surprised about my start, it was good as nearly never before. And I was in front together with Marie-Jose, in a Diamond League race! Normally, the second half of a 100m race is my strong part, today it was the other way round - the first half was better. I kind of lost my hip in the second half. It was definitely not a perfect race. But with such a strong time for me early in the season I am really curious to see where this will take me. After my 2022 off-season I had a great training period without any breaks to take. So I really want to see where this great 2023 will take me to.

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## Filippo TORTU (ITA)

4th 20.41

Il tempo non mi soddisfa pienamente, mi aspettavo qualcosa di meno ma posso comunque vedere del positivo avendo battuto avversari capaci di correre in meno di 20 secondi in questa stagione. In questi giorni ho avuto molte nubi davanti a me, ma dopo questa serata posso dire di vedere un po' di sereno. Non nascondo che il pubblico mi abbia dato una grossa mano e gareggiare in questo contesto e' stato entusiasmante.

02.06.2023 20:57

## Jason JOSEPH (SUI)

2nd 13.10 NR, PB

I was hoping for a sub 13.10 time, I was hoping for a NR and now I made it. But I touched the eighth hurdle and this made a sub 13.10 time impossible. I let myself be taken away by Grant. I had an amazing second half, I had an amazing start and I saw that Grant was in reach, I saw nobody next to me. So, I guess, I was too euphoric and that led to the mistake at the eighth hurdle. I am over the moon about this NR and am looking forward a lot to my next races.

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## Grant HOLLOWAY (USA)

1st 13.04

It was good, I wanted to come out there and execute my race plan and if it did not work, I would have tried to do something better. But I executed my race with perfection so I could not have done anything better today. I feel good, my body is good, my team is working on it, so we just need to continue towards the next meet to get the perfection. To get better each week to have a good season. So it was really important today. Maybe the start could be a little bit better, there can be a thousand things that I can improve but I am consistent and the season is still going on. The conditions were good - a little bit cooler than in Florida but it was amazing and it just feels good to be here. When I do my race plan and the race pattern, it is a phenomenal thing and I am curious what can happen.

02.06.2023 21:09

## Zane WEIR (ITA)

Shot Put Men - 6th 21.13

Qualcosa non ha funzionato al meglio dopo un riscaldamento ottimo ed una condizione che mi sembrava molto buona. Devo ancora sistemare alcuni dettagli tecnici, ne sono consapevole ma pensavo di ottenere una misura migliore. Insomma, è andata solo così così: la pedana bagnata non può essere una scusa per il risultato, ma forse è stato un mio limite non essermi adattato al meglio.

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## Devon ALLEN (USA)

### 110m Hurdles Men - 3rd 13.19 SB

It looks good. I am still in the training. The thing is I just need to compete and to do my best. I am feeling pretty good and I look forward to a couple more races next weeks. The change back to the track and field was difficult. You know, my body was a little bit tired going back to the training so it took me a little bit but I feel good now. We will see about the rest of the season, maybe it is a better question for my coaches.

02.06.2023 21:18

## Marie-Josée TA LOU (CIV)

### 100m Women - 1st 10.97

Today, I feel a bit tired because I am jetlagged. The most important thing was the win and I got it. This season, my main goal is to win everytime I stand on the track. I am focused and I want to show what I have learned in my training. I try to take every race as a journey to become the best. In each race, I know what I have to do but the key thing is always the training. It is important to be ready also mentally and I am feeling good - I trust my team and I am confident.

02.06.2023 21:22

## Joshua CHEPTEGEI (UGA)

### 5000m Men - 4th 12:53.81 SB

This was a good season opener for me: I remember in 2021 before the Olympics I ran here and was disappointed because I came sixth. So, to come here and be 4th is special for me. This race was more like a championship race. I have a lot of endurance, now I need to work more on my speed.

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## Tomáš STANEK (CZE)

### Shot Put Men - 3rd 21.64

I did not know what to expect today because my travel to Florence was a bit too complicated. The flight from Prague was delayed and in the end, I had to take another flight via Zurich and arrived around midnight. It was too long. I did not feel my legs well today and also the circle was a bit wet so I was throwing carefully. I was just curious how far it can go. The first attempt were just like a test but then I got some confidence and tried to push it a bit. But I wanted to avoid any injury as the season is just starting. In the end, I am very glad for this third place and I believe I am on the right way.

02.06.2023 21:26

## Luis GRIJALVA (GUA)

### 5000m Men - 3rd 12:52.97 NR, PB

I am not surprised at all about this NR. I am training my fitness like hell and I have got super shoes. Now I want to try to win in Oslo and get a medal at the World Championships.

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## Tina ŠUTEJ (SLO)

### Pole Vault Women - 2nd 4.71

Actually, yesterday, I was not sure that I would jump because I had a really bad pain in my back. It had spread to the front and into my shoulder. So I spent a lot of time at my physio. It was a really bad pain - on a scale from 1 to 10 it was the 10. It was really acute and they helped me and it got better. But it was hurting today and I did not want to think about it. I just wanted a few good jumps. I do not have much time to recover because I am travelling by car in the morning home to compete at the national competition. It is 7 hours away and I need just one good jump. I believe I can make it. And the next start should be in Paris so I hope it will be OK by that time.

02.06.2023 21:37

## Lieke KLAVER (NED)

### 400m Women - 2nd 50.75

I am very happy with the second place, the time is ok. The race was far from being good, it was not perfect. But for the first race of the season I cannot complain. I still have some beautiful mistakes to work on, i.e. sometimes I am too passive, on the first straight. I expect to work on those mistakes in the next weeks.

02.06.2023 21:43

## Roberta BRUNI (ITA)

### Pole Vault Women - 4th 4.61

Esco dal Golden Gala con il primato stagionale e posso dirmi abbastanza soddisfatta: e' sempre un bel segnale. Ho la stessa misura della terza ed ora si tratta di aggiungere un centimetro o magari anche qualcosa di piu' ad ogni gara. Il livello si sta alzando sempre di piu' e voglio potermi godere risultati sempre piu' importanti gia' dalle prossime gare.

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## Luis Enrique ZAYAS (CUB)

### High Jump Men - 2nd 2.30

This was a good competition for me, 2.30 is a great result. It was raining and the ground was wet but this was not bad for me.

02.06.2023 22:00

## Laura MUIR (GBR)

### 1500m Women - 2nd 3:57.09 SB

It was great to be part of the world record race. But it was not the first world record race I was running in, I was in previous ones. I am so happy for Faith. I would have loved to be closer to her. But for the first race of the season this is really decent. I have never gone through the first 800m as fast as today.

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## Faith KIPYEGON (KEN)

### 1500m Women - 1st 3:49.11 WR

When I crossed the finish line, I knew I broke the world record because I had a good finish and felt very very strong at the end. I knew everything was possible. After 1000, when the pace maker went out, I just pushed myself towards the finish line. And that was what my manager told me - anything is possible - after the pacemaker, just run your race. And that is what I did. I am excited - my family was watching. I told them that this would be an amazing day for me, I am well prepared and I really trusted in me. I thank my coach, my manager, my family, my daughter, everybody, who was watching. I am going back to celebrate with my daughter. This was really important because this was something I was still missing in my career. Getting this, it will really motivate me and I left the legacy for the next generation - they can say she broke the world record, she was the Olympic and the world champion. It was amazing tonight. This was special so lets celebrate it now and we will see what happens in Monaco. I was not expecting this but because of the fans and atmosphere it was possible and they pushed me to the finish. In the last 200m, I did not know it was going to be the world record but I was really pushing myself and I felt that the rest of the field was far behind. I thank god for this.

02.06.2023 22:17

## Fred KERLEY (USA)

### 100m Men - 1st 9.94

The secret of my success is being consistent. I ran 9.88s already this year, so when my time will be sub 9.80 the world will be surprised, but I will not be surprised. I feel good, I feel good in my training. It was a good, open race for me, so I knew what I had to do. Pressure? I leave the pressure behind, I believe in myself and in what I am capable to do. I am really happy today. I know what I have to do in the next couple of races. The weather? Everybody today, in every lane, ran in the same conditions.

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## Katie MOON (USA)

### Pole Vault Women - 1st 4.71

It was a tough competition for me, I was a little bit inconsistent. After the injection in my ankle after the Doha Diamond League meeting I have not jumped a lot so today, I was just jumping my way back into shape. I was not super consistent but I am happy about how some of my jumps went.

02.06.2023 22:23

## Natalia KACZMAREK (POL)

### 400m Women - 1st 50.41 SB

I am really glad for my first Diamond League victory. The performance and the time was also very good so it is very promising towards the rest of the season. I believe I still have something to show in the next competitions. The conditions was good for us but the air was just a little bit too heavy, too humid. It was more difficult to breathe. On the other hand, the atmosphere at the stadium was great and the fans helped us a lot tonight. I am looking forward to my next starts which will be in Chorzow in Poland and then Paris.

02.06.2023 22:25

## Larissa IAPICHINO (ITA)

### Long Jump Women - 1st 6.79

I have got my first victory in Diamond League in my hometown: it is simply wonderful. It is like a dream. Today the conditions were very difficult, no one of us has jumped in a perfect way and the goal was in my opinion to take as few mistakes as possible. I managed as well and I took a victory in a very tough race. I think that anyone of us could win today: I gave all my best trying to get focused on my own. It's a very good moment for me, now I am full of confidence but I now that I will keep stronger and stronger when difficulties will arrive.

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## Larissa IAPICHINO (ITA)

### Long Jump Women - 1st 6.79

Vincere la prima gara di Diamond League nella mia città è qualcosa di straordinario, un sogno. Oggi abbiamo trovato condizioni non facili, nessuna di noi ha saputo trovare la giusta continuità ed in gara credo sia stato necessario cercare di limitare al massimo gli errori per provare a spingere e a spuntare quel centimetro in più delle avversarie. Davanti ad un pubblico così avrei voluto fermarmi con chiunque, per regalare un momento a ciascun tifoso. Questa sfida è stata una specie di anticipazione di una finale mondiale e aver vinto mi carica di ulteriore fiducia e consapevolezza. È un momento particolarmente buono per me ma so che non tutto sarà sempre in discesa e devo farmi trovare pronta quando arriveranno le difficoltà.

02.06.2023 22:31

## JuVaughn HARRISON (USA)

### High Jump Men - 1st 2.32

I was a bit nervous because of the wet conditions so I was not pushing and putting my foot down too hard. The level of high jump is always going to be good, it is still early in the season and a lot of the high jumpers show up in the back end. So I would not count anybody out. I think we had a great competition today. My main target is to win every world championships this year. Now, I have got the Hengelo long jump on Sunday. It gives me a mental break. Focusing on high jump all the time, you kind of get used to it sometimes so long-jumping gives me a break inbetween the high jumps. The next high jump competition? I do not know, we will see.

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## Ferdinand OMANYALA (KEN)

100m Men - 2nd 10.05

It was a good race and I cannot complain about anything. I just need to go and check what I need to correct. I also cannot complain about anything today - the food, the conditions so we build up from there. Of course, Fred is the number one today but the fight is still on. Diamond League is a big platform so I am happy about my performance and placement today. I am going to Paris afterwards and I train in Italy so it felt like my second home today. This is why we are doing athletics - for this crowds and everybody is coming out for this - to compete in such atmosphere. Rome or Florence - both are just good Diamond League meetings.

02.06.2023 22:40

## Samuele CECCARELLI (ITA)

100m Men - 5th 10.13 PB

Sono molto contento: esordire in questa stagione all'aperto su un simile palcoscenico non era affatto semplice di fronte a simili mostri sacri, sapendo che in molti si aspettavano tanto da me. Ho cercato di isolarmi, di non dare troppo peso ai brividi che un simile pubblico mi ha regalato e devo dire che la gara e' andata abbastanza bene, anche se mi sono irrigidito nel finale. So di avere ulteriori margini di miglioramento, ma in ogni caso e' un significativo passo avanti. Non posso che ringraziare tutto il pubblico per essere stato al mio fianco in questa serata davvero magica.

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## Sintayehu VISSA (ITA)

1500m Women - 9th 4:01.98 PB

Credevo, speravo di poter fare un tempo importante ma non avrei immaginato di scendere a 4:01 e' incredibile. Un risultato che cambia notevolmente le mie prospettive: dagli allenamenti sapevo di stare bene, ma dimostrare tutto questo sul campo e' un passo fondamentale. Ho potuto vivere al meglio una gara da record mondiale facendomi stimolare da Ludovica Cavalli e Federica Del Buono; nel finale ne avevo e ho dato il massimo per strappare ogni singolo decimo. Ed ora penso alla prossima tappa di Diamond League a Parigi.

02.06.2023 23:00

## Mohamed KATIR (ESP)

5000m Men - 1st 12:52.09 WL

I came to this meet to test out the waters and check what my form is at the moment. I had the 8th fastest time out of everyone - I have run 12:50 already, yet that was only 8th on the list - so, you can imagine the quality of this 5000 here today. This is a great feeling ahead of the World Championships this summer. I was not expecting a slow race, mainly due to the level of everyone racing out here. In the end I decided to focus on running my own race.

02.06.2023 23:06

<p>SERIES TITLE PARTNER</p>	<p>OFFICIAL TRAIN</p>	<p>MAIN PARTNER</p>	<p>OFFICIAL TIMEKEEPER</p>
<p>OFFICIAL SUPPLIERS</p>	<p>MEDIA PARTNER</p>		
<p>PUBLIC INSTITUTIONS</p>	<p>ORGANIZATIONAL PARTNER</p>	<p>ORGANIZATION</p>	

万达 WANDA DIAMOND LEAGUE