

Flash Quotes

**Even MEINSETH (NOR)****200m Men National - winner**

Klar ny personlig rekord med 21.20 og kvalifisert for junior-EM

- Hadde hap om a komme ned på 21,20-tallet, dersom jeg fikk medvind. Dette var langt over forventningene.

-Noe helt optimalt løp var det ikke. Jeg mener jeg har mer inne. Klart jeg innerst inne håper på 20-tallet i løpet av sesongen.

11.06.2015 17:25

**Mari Gilde BRUBAK (NOR)****100m Women National**

11,86 og ny personlig rekord.

- Dette er jeg veldig fornøyd med. Jeg trodde ikke det gikk så fort da jeg så hvor langt bak van den Broeck jeg var. Hun gjorde et kjempeløp.

- I dag er jeg spesielt fornøyd med starten. Den var knallbra.

11.06.2015 17:41

**Tara Marie NORUM (NOR)****400m Women National - winner**

- Endelig tilbake på 53-tallet. Det er jeg fornøyd med. Det ble en tøff kamp inn mot mål, men det gikk. Tara Marie Norum vant med fattige to hundredeler.

- Jeg tror jeg kunne åpnet hardere. Dette er tredje løpet i år. Nå føler jeg meg klar for ny pers (53.57). Det kommer i E-cupen. Garantert.

11.06.2015 18:09

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## Naomi van den BROECK (BEL)

### 200m Women National - winner

To personlige rekorder på to løp. 11,69 på 100 m og 23,92 på 200 meter.

- Jeg har hatt en stor framgang denne våren. Hovedgrunnen er at jeg har vært nesten skadefri hele vinteren. Jeg har fått gjort all den treningen som er nødvendig.

Naomi van den Broeck konkurrerer for Belgia men har de siste fem årene bodd i Bergen.

- Om jeg en gang skifter statsborgerskap slik at jeg kan få starte for Norge har jeg ikke bestemt meg for, men det er ikke umulig. Jeg ser for meg å bo i Norge lenge, kanskje hele livet.

11.06.2015 18:29

## Piotr MALACHOWSKI (POL)

### Discus Throw Men - Lost after 2 wins in DL 2015

Today I did not feel it in me, the winning throw. I tried, the last attempt only small foul would be enough. But today it was not a good day for me. In recent weeks too much travelling. Now I need to train again, put things together and all will be fine when it will matter.

11.06.2015 18:56

## Robert URBANEK (POL)

### Discus Throw Men - 1st career win in DL

I was hoping to throw 66-67 meters, but the wind did not help at all. It wavered in circles and it was tough to find the best way how to let the discus fly. In last round I was worried of course as Piotr beat me recently with last attempt. But today he did not and I have now my first DL win ever. Yes I can think now about medal in Beijing, but you know every competition is different.

11.06.2015 19:05



Flash Quotes

## Yeimer LÓPEZ (CUB)

### 800m Men National Heat A

winningtime 1.46,13. 1. lap 51,80.

- I am not in my best shape. The last weeks I have not been able to train at all. I have a injure in a tow.

- During this race I did not feel paine, That gives me a hope that I can be back in training and maybe in three-four weeks i competetion shape.

11.06.2015 19:13

## Caterine IBARGUEN (COL)

### Triple Jump Women - Unbeaten since 2012

Every win is good, now I have 25 in the row and I want to continue as long as possible. Today it was difficult due to wind and also I did not cope well with the surface. But I m happy I was ok because this was my first this years meet in Europe. Now I will pass South American Championships this weekend, next meet in Paris. I have three goals for this year, World Championships, Diamond League and Panamerican Games.

11.06.2015 19:35

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**Isabelle PEDERSEN (NOR)****100m Hurdles Women - peder**

Resultat 13,27

- Sorry. Dette var langt unna det jeg hadde h p om, men i denne motvinden var jeg sjansel s. Du virkelig kjente den tok over hekkene. Og hekkel p og motvind er en veldig vanskelig kombinasjon. Totalt sett er jeg ikke veldig misforn yd. Jeg fikk p  plass en del mentale greier. Det er gledelig. Det har v rt mye den siste tiden s  kanskje jeg ikke kunne vente mer.

Isabelle Pedersen fikk en svak start med reaksjon p  aver to tideler.

- Det merket jeg.

11.06.2015 20:24

**Kaliese SPENCER (JAM)****400m Hurdles Women - 3rd win out of 3 DL races 2015**

I definitely want the medal this year in Beijing so that Im not only called a Diamond League usual winner. It was windy, but I kept going. This race was definitely better technically than the previous one. My coach knows what to improve in next weeks of training. At Jamaican Champs I will run 400 m flat as I do not need to qualify as Wild Card holder.

11.06.2015 20:29

**Christina SCHWANITZ (GER)****Shot Put Women - Missed meet record by 12 cm**

Yes just 12 cm missing to meet record, I wanted it. It was really nice competition in excellent stadium and atmosphere. We just lost our rhythm when it was stopped for 20 minutes. I would need more pressure from the others, but Im trying to put my throws together and be ready when Valerie will return.

11.06.2015 20:30

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**Jasmin STOWERS (USA)****100m Hurdles Women - Thousands decided**

We felt the wind, it was a rough race for me. But I managed after Birmingham, paid attention for all, start and technique. Obviously I'm the World leader, but I still need to prove it and next possibility will be at US Trials.

11.06.2015 20:37

**Steven GARDINER (BAH)****400m Men - Huge PB in European debut race**

I'm excited, this is my first time in Europe and in Diamond League. Everything is awesome here. I did not expect to run such a fast time, I still consider myself a newcomer at the distance. I train in Atlanta, USA under the guidance of coach George Clair. Next goal to qualify for World Championships at Bahamian Trials.

11.06.2015 20:48

**Laura MUIR (GBR)****1500m Women - First DL win**

I heard them coming as the crowd got louder. But I managed to keep on running and won, my first ever in Diamond League. I think this my biggest win of the career. I wanted to run fast was with pacemakers and the others did not follow. I was aware I'm alone but the crowd supported me a lot.

11.06.2015 20:50

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**Karsten WARHOLM (NOR)****400m Men - norsk**

Karsten Warholm jaktet den norske rekorden. Han manglet 12 hundredeler. Som helhet synes jeg det ble et bra løp. Mitt beste noensinne. Kanskje jeg kunne åpnet litt tøffere, men ikke mye. Jeg er veldig fornøyd med at jeg stod helt inn.

- Rekorden var målet. Er du skuffet?

Nei. Dette var et godt løp og jeg har all grunn til å smile når jeg drar herfra.

11.06.2015 20:55

**Jairus Kipchoge BIRECH (KEN)****3000m Steeplechase Men**

Coming here I wanted to run 8:00 or 7:59 but the wind was too tough and the pacemakers slow. I was running my own race not concentrating on Kemboi or somebody else. With quick pace I can go under 8 minutes in next races. Main goal is to confirm that I'm number one in the World as I was in 2014.

11.06.2015 21:06

**Jaysuma SAIDY NDURE (NOR)****200m Men - jays**

Jeg sliter teknisk. Siste tiden har jeg hatt problemer med ryggen. Da mister jeg trening og det gjør seg utslag både med dårlig teknikk og dårlig form. Framover er det bare en ting å gjøre. Jeg må løpe meg i form. Det er ingen ting annet å gjøre. Bare løpe.

11.06.2015 21:11

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**Christophe LEMAITRE (FRA)****200m Men - 2nd European win here since 1989**

I could have run faster, but it was little bit colder and we also felt the wind. But it means my shape is growing when in this conditions I was able to improve my best time of the season. It is very important for me that I won this race. But you should see the best from me in Beijing I want to win a medal there and I will try in both sprints.

11.06.2015 21:26

**Karoline Bjerkei GRØVDAL (NOR)****5000m Women - karoline**

I dag fikk jeg det jeg kom for. VM-kravet og pers med ni sekunder var kjempebra. Spesielt avslutningen av løpet er jeg kjempefornøyd med. Jeg følte meg nesten som en sprinter på siste runden da jeg tok igjen mange løpere. Topp. Det er nettopp forbedring av hurtigheten jeg har trent veldig mye på.

11.06.2015 21:31

**Genzebe DIBABA (ETH)****5000m Women - Third Dibaba family win here**

I tried hard, but pacemakers could not do what I needed. Of course also cold and wind played the role but overall Im ok with the race. Did my best. Im not sure whether I will try to break sisters record again. My full concentration will go towards Beijing World Championships and 5000 m.

11.06.2015 21:38

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## Greg RUTHERFORD (GBR)

### Long Jump Men - First British long jump win here since eighties

I jumped on Sunday in Birmingham so wanted to monitor my body and rested after 825. I was feeling that might be good to win, but there were lot of jumpers who could attack my position so I stayed warm and was ready if something happened. Now I have 3 good weeks of training in front of me. So far I must say very satisfied with the season.

11.06.2015 21:45

## Ezinne OKPARAEBU (NOR)

### 100m Women

En dårlig start med bomsteg. Dessverre, da ble det slik. Dette er ikke slik jeg ønsker å være og det representerer heller ikke den formen jeg mener å være i. Men slik ble det i dag. Sorry.

11.06.2015 21:49

## Marharyta DOROZHON (ISR)

### Javelin Throw Women - First win for her country in DL

Very special to win here. I still not consider myself as World championships favorite after recent good performances. I must confirm it more times. Im training close to Tel Aviv in Israel and my next competition will at European Games in Baku.

11.06.2015 22:00





Flash Quotes

**Murielle AHOURE (CIV)****100m Women**

It was too chilly and windy to get a real fast time. I was happy with execution of the race. Of course I would be more happy with sub 11 but it did not happen.

11.06.2015 22:00

**Asbel KIPROP (KEN)****ExxonMobil Dream Mile - 4th win here**

I feel like home here, fourth time here and fourth win. Excellent for me. I knew Souleiman asked for a very fast pace, but for the rest it was too fast and going into last lap we were nearly all together. At that time I was thinking there is good chance I can win again at Bislett. Now back home to train, compete at Kenyan Trials, in Europe maybe next race in Monaco.

11.06.2015 22:03

**Henrik INGEBRIGTSEN (NOR)****ExxonMobil Dream Mile**

- Det ble nok vel tøff satsing i dag. Da en runde gjenstod var jeg helt i rygg på teten, men straffen kom 200 meter fra mål. Da var det bare helt slutt.

11.06.2015 22:05

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