

## Flash Quotes

### David STORL (GER)

#### Shot Put Men - winner

It was a long week and with all the travelling from the USA, it was very difficult for me. Despite the fact that Joe Kovacs is not here, I think it would be difficult to compete on such a high level for him too. I was trying to sleep a lot and relax so I think the result is good enough even if it is not 22 metres. It seems it is going to be a battle of me and Joe in Beijing but it is still long way to go. He had a very good start of the season but I am curious how he will throw on the upcoming meetings. It is a huge trophy we got here in Rome, I think I will need to send it home via post mail (smile).

04.06.2015 19:02

### Sandra PERKOVIC (CRO)

#### Discus Throw Women - winner

I expected throw on the level of 69 meters in Rome, so I cannot say I am completely happy about my result. I know I am prepared for it but it will come in the following events. It seems it is easy for me to win every competition but in fact I have to stay focused and it is difficult sometimes. All the girls are well prepared and they want to get the victory. I hope I will keep winning as long as it is possible. I am not nervous about Beijing yet but I know I will start to feel it about two weeks before the championships.

04.06.2015 19:07



## Flash Quotes

### Darya KLISHINA (RUS)

#### Long Jump Women - winner

I was very upset after Eurgene. It is my favourite track and I do not know what happened there, I felt OK, no pain, no injuries. But jumps on the level of 6.50 are just not good enough. I think it was the jetlag. I know I had a couple of good jumps today in Rome but still it is not enough and I have to work on a couple of things to get over seven metres. I am confident I can make it this year and I am glad I improved in Rome. It is a hard but fast surface here. I will return to Rome for 10 days training camp soon so I will have more time to explore this beautiful city and its historical sites.

04.06.2015 19:21

### Johnny DUTCH (USA)

#### 400m Hurdles Men - winner

The key to win the races is consistency and a hard work. You should never give up. When I was a young boy I wanted to quit with athletics but my mother told me to not to give up. So I kept going and thanks to her I am here, she is my hero. Hurdles is always surprising, every year there can be someone new running well in the field. I feel very well prepared just need to work on some specifics before the US trials. I love this meeting so I will take some time tomorrow to even visit some places in Rome and bring some video home.

04.06.2015 20:22

### Mohammed AMAN (ETH)

#### 800m Men - winner

It is my third victory in Rome and that is a good sign for me. I am on the right way to defend my title in Beijing. I must say I feel less pressure than before the last championships. But I have to confess it is my big dream to defend the gold because it is very important for my country as well. It was a good time here in Rome and I will try to even improve it in the following race.

04.06.2015 20:41



## Flash Quotes

### Jeneba TARMOH (USA)

#### 200m Women - winner

I have been in Rome a couple of times before but this is a great result for me. My first Diamond League victory so it is very precious. I felt more relaxed comparing to Eugene, I do not know why. What is different comparing to the other years? I am consistent, injury free and I train with one of the best runners in the world Allyson Felix. That gives me more self confidence in the training and on the track. I do not know what happened to Shally Ann. I saw her on the warm up stadium but she did not come on the start. I hope she is OK.

04.06.2015 20:45

### Sharika NELVIS (USA)

#### 100m Hurdles Women - winner PB

Honestly, I ran my own race and did not see any of those three falls. I was lucky, I could stay focused. I am glad for the next improvement and my main goal is to run 12.30 this season. It is not a joke, I feel I am ready for this. I ran the first lane in Doha, now the second... I was joking with my agent that I am getting closer to the centre. But I would take first or second lane always rather than the eighth lane. I was very busy last days and I am flying back for the US trials straight from Rome. I am glad that finally there was a nice weather and good temperature as it was very cold at the other meets.

04.06.2015 20:57



## Flash Quotes

### Justin GATLIN (USA)

#### 100m Men - winner MR

We have a very good race plan this year with my agent and coach. I have had a couple of very good races, couple of 100s and 200s and I feel confident running times around 9.70s. This meeting is like the end of the first part of the season and now I am heading home and after the trials I will have a month to train and to spend with my son and my family. That will help me to keep the shape to Beijing. I want to stay injury free and in the best shape for 2016 and the year after. The key thing to keep winning is to not to think about it. I do not think of beating Usain Bolt now because the championships is not tomorrow, we still have some time to come. Rome is a tradition, I am glad I had a good start and managed to execute the first 60 metres to be confident with the victory. 9.60 should be possible in summer.

04.06.2015 21:56

### Ruth BEITIA (ESP)

#### High Jump Women - winner

It is an unbelievable feeling to go over 2 metres again and to win my first Diamond League. It is the first competition where I tried my new run up. I cut the first steps I always used to do before I started to run and that was annoying me before. Now, I feel much better with this technique. The feeling over the bar was very good and I started to think about improving my personal best or the masters record 2.02. That will be my main goal now. I am sure I can even improve.

04.06.2015 22:02



## Flash Quotes

### Pedro Pablo PICHARDO (CUB)

#### Triple Jump Men - winner MR

It is my first time here on this stadium and I felt the track a bit too hard. But the conditions were very good in the end, warn weather and the crowd was very much helpful, cheering all the time. I was aiming the jump over 18 metres but I got very close to it. I am glad I did not disappoint the organisers hoping for the meeting record which was one of my aims today.

04.06.2015 22:06

### Vítězslav VESELÝ (CZE)

#### Javelin Throw Men - winner

I am very pleased with my result because, to be honest, I was considering my start in Rome a couple of days ago. My priority is to stay healthy prior the world championships, so I do not want to risk anything. That is the reason why I stopped throwing after the first series. I started to feel slight pain in my groin and I have another competition in only 3 days. I have to watch myself. But I think I am on a good way to defend my gold from Moscow. The javelin throwers are very strong nowadays and the standard is very high. Anybody can surprise us with the long throw, so the Beijing title is very open.

04.06.2015 22:09

### Julius YEGO (KEN)

#### Javelin Throw Men - 2nd

My aim was to improve the feelings from my throws in Ostrava because it was a very difficult competition in cold weather. But I did not expect to improve the national record again, that suprised me a lot. I think I have put 90 percent of the energy into the race today, so there is still space to improve.

04.06.2015 22:13



## Flash Quotes

### Renaud LAVILLENIE (FRA)

#### Pole Vault Men - winner

I would say the best jump in the competition was the second attempt at 601, I was very close to it but I touched it a bit and the bar fell down. I was unlucky because sometimes it happens that the bar stays on the stands despite the touch. Honestly, I felt a bit tired, it was a very long competition and after all the travelling from Eugene, jetlag, it was very difficult. I always work on this with my physio. But today, also the weather did not help us a lot as it was a bit windy at the beginning. In the end, I am very glad for my next Diamond League victory, as it is very important to me. I plan to start on the European Cup now but we planned only 6 more starts till Beijing.

04.06.2015 22:26

### Georganne MOLINE (USA)

#### 400m Hurdles Women - winner

I do not know why but I always get so nervous before the race. I am glad I managed to stay focused here because I usually run better on trainings than in the competition. Honestly, I did not focus on time and just wanted to show a clean race. I was feeling great running to the home straight. I still have a full program before the trials, running in France and Oslo. I will work on the execution of the race and will hope for even better times. I surprised myself today, in my favourite city and the meeting.

04.06.2015 22:57



## Flash Quotes

### Jenny SIMPSON (USA)

#### 1500m Women - winner

I started to panic in the last 200 metres as I felt packed in the field. Then, my energy came out automatically and I started to speed up. I am very proud of myself to be so consistent during this season and I was really hoping for the time under 4 minutes. I do not want to feel myself as the one to beat now. It always puts more pressure on you and it is easier to attack from behind. People here were so good and supportive.

04.06.2015 23:01

### Sergey SHUBENKOV (RUS)

#### 110m Hurdles Men - winner

It was a very difficult race because I hit the second hurdle very hard. In fact, I hit it so much it almost stopped me. Basically, I had to start from zero again. I was lucky to speed up towards the finish and in the end, the time is not that bad. It is my second Diamond League victory and it is again in Rome. I think this is my lucky place. I am very optimistic this season and I look forward to the next clash with the world's bests in Oslo and at the European Cup.

04.06.2015 23:05

### Francena McCORORY (USA)

#### 400m Women - winner

I know I looked very exhausted after the race and it took me some time to recover to get ready for the interviews but the 400m is always like this. It is a very gruelling race. I was hoping to go sub 50 seconds but it did not work this time. I will keep it for another race. 50.36 is not a bad time and the only thing I have to do is to stay focused now and execute the race well. I feel well prepared and was very exciting about running in Rome.

04.06.2015 23:09



Flash Quotes

## Lykourgos-Stefanos TSAKONAS (GRE)

### 200m Men - winner MR

I put 100 percent into this race. Now, people will start asking about 20 seconds barrier but I do not know what to expect. I have the next competitions maybe in rabat and then the European Cup in Greece, so I want to keep the shape and we will see what comes after.

04.06.2015 23:13

