

Flash Quotes

Philip MILANOV (BEL)

Discus Throw Men - 1st place

Diamond leagues meetings are good, there is always a very strong field of contenders and Lausanne is a nice meeting where to throw. Even though none of my attempts were really close to my record, I was very consistent and I'm very happy about that. In previous competitions and namely at the Games, I was too fast in my rythm. I worked again on my technique, slowed down a bit and today it pays off. My next big meeting will be in Brussels and I hope to get very strong support from my home crowd. Many Belgians were present in Amsterdam for the European Championships and it was an amazing support. So I am definitely looking forward to the meeting in Brussels.

25/08/2016 18:55

Valerie ADAMS (NZL)

Shot Put Women

Today was a bit hot but I am happy with my results. The aim of the game now is to win, and especially after the Olympics my intention is to win all my remaining meets until the end of the season. So 19.94m and a win, I am happy with that.

25/08/2016 19:57

Women Ukraine (UKR)

4x100m Relay Women UBS Trophy

The victory was clearly our objective today so we are very happy with our result here. We are all tired after the Olympic Games in Rio but we still want to win. Our next competition as a team will be in Zurich and we are aiming for another victory there.

25/08/2016 19:59

Flash Quotes

Women Switzerland (SUI)

4x100m Relay Women UBS Trophy - 2nd place

We are satisfied with our race as we have only been back from Rio 2 days ago and still jet-lagged. The time wasn't great but we are happy to not be injured and we are looking forward to our next and final race of the season in Zurich where we will try and run quicker than today. We are also very happy with our season having beaten the swiss record at the Europeans in Amsterdam. This being her final season, Ellen Sprunger is really looking forward to Zurich and to have a really good race.

25/08/2016 20:04

Rasmus MÄGI (EST)

400m Hurdles Men UBS Trophy

48.5 today is a great time for me. Its not easy to come and run so soon after Rio but im very happy with my time today. I didnt have any specific race tactics, I just went out there and tried to run as fast as I could. My body is tired, but somehow ive been able to produce one of my fastest times ever!

25/08/2016 20:12

Madara PALAMEIKA (LAT)

Javelin Throw Women - 1st

After the disappointment of Rio, I was hoping for my best here. I am very emotional after winning here today.

Winning the Diamond Race will be some sort of compensation for the loss in Rio.

This is my best season of my career and that makes not finishing with a medal in Rio even more disappointing, the level of the podium was not very high.

I do hope to get a PB soon. I want to finish this season as well as I can, for my coach, my country and myself.

25/08/2016 20:12

Flash Quotes

Barbora ŠPOTÁKOVÁ (CZE)

Javelin Throw Women

It was a tough competition today mostly due to the fact that I didn't have any free time after my medal in Rio. There has been a lot of request for interviews* So I am happy with my 2nd place today and that I reached 64m again. The technique was not really good but I am satisfied with the performance. After the injuries I sustained in the beginning of the season, I am really aiming at ending the year in good shape. I want to do a very good performance in Brussels.

The request for interviews after Rio was overwhelming. It is a little bit like "Spotakova everywhere", but I feel now it is time also for the young ones to come in!

25/08/2016 20:15

Hellen OBIRI (KEN)

3000m Women - 2nd

I enjoyed the race very much. I believe the track is fast, I felt good racing on it. I also loved the atmosphere in the stadium. I didn't win the race today but I am happy with my performance. I think I will come back to Lausanne to compete next year because I love the great energy that the crowd gave us today! Thank You Lausanne!

25/08/2016 20:24

Genzebe DIBABA (ETH)

3000m Women - 1st place

My race was very good, I am happy with the victory here today. I was injured earlier this year. This race and my kick in the last 400m in particular gives me confidence for the end of the season. It was my first Diamond League race so the final ranking of the Diamond race is not something I am looking towards. Nonetheless, I will go to Brussels for my next competition and I want to win there as well.

25/08/2016 20:35

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Flash Quotes

Caterine IBARGUEN (COL)

Triple Jump Women - 1st

It has been a great year. Rio and the Diamond Leagues have not been easy but by the grace of God things have fallen in place. I am very happy and content.

I want to remain healthy and who knows perhaps I can go for the world record.

25/08/2016 20:41

Olga RYPAKOVA (KAZ)

Triple Jump Women - 2nd

The atmosphere in Lausanne is always good and the crowd once again was great.

I am not satisfied with my performance. It has been difficult. I need to go back to the drawing board and rethink my strategy for 2017.

25/08/2016 20:43

Francine NIYONSABA (BDI)

800m Women - 1st

I am very happy with my time today. Im still a bit tired from Rio but the energy of the crowd helped me greatly. Its my first time running in Lausanne, I am really excited to be here and I enjoyed the race. Now I will train for a few days and wait for the next Diamond League race.

25/08/2016 20:45

Flash Quotes

Eunice Jepkoech SUM (KEN)

800m Women - 2nd

Rio was disappointing. I felt sick during semis. Sometimes you just need to forget what happened and move on. I am trying to do exactly that.

It was a good race tonight, I have a couple more races left this season and I am still searching for my season best.

25/08/2016 20:45

Asafa POWELL (JAM)

100m Men

The race went well, especially as I came in Lausanne only last night. After the Olympics, it is all about enjoying running. My Games were good in Rio - even though my individual result were not that great - but we won the relay with the team and I am very happy with that. We had good party time afterwards. Now, I just want to enjoy running and sharing with the crowd. The meeting here is great, very good atmosphere and the weather was perfect for sprinting.

25/08/2016 20:47

Kendra HARRISON (USA)

100m Hurdles Women - 1st

I didnt start as well as I wanted to today. Im a bit rusty because I havent competed for a few weeks with not being in Rio. For me everytime I step on the track its an opportunity to work on my execution, and today even though I won the race there are still some things I need to fix. I dont consider being the new world record holder as any pressure, on the contrary it has my confidence very high. My objective for the remainder of the season is to win the next two diamond league races and hopefully get another PB..another world record!

25/08/2016 20:53

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Flash Quotes

Dawn HARPER-NELSON (USA)

100m Hurdles Women - 2nd

I am delighted with my performance today. It has been tough of late. I want to finish this season on a high.

This race proves I am getting back there. The level in the states is outstanding these days. I want to finish on a high this season and prepare myself for the next season.

I see myself pretty much in the mix even though we have new girls coming up and showing their mettle at the highest level. It is only going to get better. I am excited.

25/08/2016 20:54

Selina BÜCHEL (SUI)

800m Women - 5th place - SB

I am very happy with this performance today. It is my season best, the condition were perfect tonight. My next race will be in Zurich next week and I aim to go faster there. Running in front of my home crowd is always something special and I enjoy that very much. Getting that much support clearly contributes to my performance!

25/08/2016 20:56

Steven GARDINER (BAH)

400m Men - 2nd

I arrived here on Monday from Rio and it hasn't been an easy transition. I am happy with my second place tonight and the public was really behind me. My big objectif is to go for 43 secondes in the race. Now, I'm just going to give it my all for the rest of the season, do my best and win the last races of the season.

25/08/2016 21:04

Flash Quotes

Clélia RARD-REUSE (SUI)

100m Hurdles Women - 5th

I am quite emotional as this is my last race of my career. I was able to sleep well since I have been back from Rio and am so happy that my fan club are here with me. We are going to have a party tonight and we will do another party soon. This Lausanne public is quite amazing and I am going to miss this incredible ambiance. Regarding what I am going to do now that my personal athletics career is over, I am clearly not sure but I would sincerely like to stay in athletics one way or another.

25/08/2016 21:13

LaShawn MERRITT (USA)

400m Men

It has been a very long season but the show must go on. I came here to win and that is what I did tonight, I am satisfied with the performance as well. My next race will be in Zurich. I am satisfied with my performances in Rio, I did a good race there and packed a medal. That race told me that the world record is something possible. Of course, when you train, you plan to make history and I will definitely go back to training this winter with the world record in mind. I believe I need to improve my base training. Speed was ok this year. I will continue that while going for a little more base training.

25/08/2016 21:14

Nicholas Kiptanui BETT (KEN)

3000m Steeplechase Men - 2nd

It was a tough race, the steeplechase is never easy. Its my first time in Lausanne and I must say I enjoyed it. The weather weather was very good and the energy from the people watching the race was motivating.

25/08/2016 21:14

Flash Quotes

Abraham KIBIWOTT (KEN)

3000m Steeplechase Men - 1st

Happy with the finish. It was not difficult today. I was taking my time as I knew I can win it in the last lap. I want to continue winning in Brussels - which will be my last race of the season.

25/08/2016 21:19

Renaud LAVILLENIE (FRA)

Pole Vault Men - 2nd

I am happy to have come here and to be able to stay focused and mainly not to get any injuries. I really like coming here and I feel like at home. Now I'm really going to go back home and I am looking forward compete again in Paris. I now need to savour this performance and go on to the next challenge

25/08/2016 21:33

Jenna PRANDINI (USA)

100m Women - 2nd place

Luckily, I heard the second gun shot on the first start so I stopped relatively soon. It is a short race though and I am used to do such repetitions in training si it was ok for me. I am satisfied with my performance and ranking here. Next, I will be running the 200m in Paris. It will be my last race of the season.

Coming out of Rio, my focus was really on recovery and getting my legs as fresh as possible. But overall, most of us were there and are facing the same conditions so it is pretty even in the end.

25/08/2016 21:35

Flash Quotes

Sam KENDRICKS (USA)

Pole Vault Men - 1st

With pressure off us after Rio, all of us came here to jump well and enjoy ourselves. The crowd was great and I enjoyed myself. Jumping 5.92 is an added bonus, the previous meeting record was held by my friend Brad Walker and it is great to take it higher.

I have four more competitions this season and I just want to keep winning. I want to be consistent with winning, whatever it takes on a given evening. I am not chasing 6.00m, it will happen when it has to.

25/08/2016 21:39

Elaine THOMPSON (JAM)

100m Women - 1st

There was a mix up at the start, and we had to do a re run. To be able to produce 10.79 on second attempt, its a great time and im looking forward to the remiander of the season. Im the same person I was before the Olympic Games, the reality of being double Olympic Champion has not really sunk in. Im looking forward to going back to Jamaica to celebrate with my people and my family, but first I will run a few more races in Europe.

25/08/2016 21:41

Eilidh DOYLE (GBR)

400m Hurdles Women - 2nd

I had a good solid race and I am very happy to have finished second behind the Olympic champion. It was great to have the opportunity to go back home after Rio and see my husband and my dog. I am now going on to Zurich and Brussels. I think that I am first in the diamond league and after having finished second in 2014 I am really motivated to win this year.

25/08/2016 21:46

Flash Quotes

Ivana SPANOVIC (SRB)**Long Jump Women - 1st**

For me the weather was very good today for a good jump. I think for everyone the results were not what we expected because we are all tired from Rio. My tactics was to push early and try to get a good distance in, which I did and was able to win the event with an early jump. I was dissappointed with my performance in Rio, so I have used that to motivate me to win all the remaining meets. With this win tonight I should be the overall Diamond League winner, but I will still compete at the upcoming meets in Paris and in Zurich.

25/08/2016 21:48

Dalilah MUHAMMAD (USA)**400m Hurdles Women**

I came here with no expectations for the time, the place was really my focus for this race. With this race I am done for the season, I will now go for a good rest. Clearly the world record will be my objective for next year. I ran a very clean race in Rio. I will keep the same training as it has been only one year that I am training with my current coach, simply do some adjustments. That should get me where I want for next year, i.e. faster than the world record.

25/08/2016 21:51

Mujinga KAMBUNDJI (SUI)**100m Women**

On the second race, I was well for the first 70m. Then, with the first race in the legs, it became more difficult. Technically, it was good though but simply slower. I will go to Zurich which will be my last competition. It is always a great pleasure to run in front of the home crowd and I love the stadium here. The support of the public simply helps to keep the legs going.

25/08/2016 21:54

Flash Quotes

Omar McLEOD (JAM)

110m Hurdles Men - 2nd

Winning and losing is part and parcel of hurdles. I am happy for Orlando. If I had won today I would have had a shot at the Diamond Race but I cannot complain much. Rio was what I wanted from this season. I have a few more races left this season, I just want to go back to Jamaica and have fun with my people.

25/08/2016 21:58

Churandy MARTINA (NED)

200m Men - 1st

I have had my ups and downs in 2016 but I am very happy with how it shaped up. A national record at the end of the season you cannot ask for more.

Very happy with my run today.

I am running as good as I have ever run, who knows I can continue till Tokyo - If I manage to do so I would have done five Olympics and that is something for a sprinter.

No matter how I finish I am content and I am sure I will be remembered.

25/08/2016 22:04

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Flash Quotes

Mutaz Essa BARSHIM (QAT)

High Jump Men

I like this place a lot. I feel well here, the crowd gives big support, they know high jump very well. I broke our national record here in the past. I am very tired at this point of the season, so today it is clearly their support that kept me going. It is a real pleasure.

Over the last few years, we have been several high jumpers consistent at very high bars. I will now take a rest and start planning the next season. Obviously, the world record will be on my mind. But, you know, you need everything to be planned well. This year was olympic year. The objective was to win a medal in Rio, which we did. I am very happy about that.

Before going on a break, I have two more competitions: a smaller meeting and then Brussels. I just want to finish well and stay away of any injuries.

25/08/2016 22:05

Robert BIWOTT (KEN)

1000m Men - 2nd

I would have liked to run a bit quicker, the track is fast. At my best I believe I could have gone under 2:10.

I move on from here and get ready for the next races.

25/08/2016 22:07

Darya KLISHINA (RUS)

Long Jump Women - 3rd

Mentally this has been a very tough season. I am happy to be back and to be competing. This is what you want as an athlete. I would like to focus now on the next indoor season.

I hope the situation with Russia is sorted soon and we athletes just have to focus on performing.

25/08/2016 22:10

Flash Quotes

Léa SPRUNGER (SUI)**400m Hurdles Women - 8th place - 56,05**

I was running against the 3 medallists of Rio, in front of my home crowd. That is the best setting I could hope for but then you need to be on your best shape. At the moment, nothing really works despite a fantastic first part of season. I am very tired and there is just no reaction when I push my body. It is blocked at this stage, I just need a break. I will go to Zurich as it is a true pleasure to run in front of the crowd at home, but these are tough days.

25/08/2016 22:11

Ayanleh SOULEIMAN (DJI)**1000m Men - 1st and PB**

I had a really bad Olympics and today finally I was strong, ready and I had a great mindset. Last year I was injured and today I have shown that I am back and doing great. I am really proud of my time and the hard work I have put in explains the fact that I have beaten my personal record by more than two seconds and an incredible 5th best performance of all time! I want to come back to Lausanne next year and am looking forward to the final streak of the season.

25/08/2016 22:15

LaShawn MERRITT (USA)**400m Men - 1st place**

It is a long season but the show must go on. I came here to win and that is what I did, the time is good as well. It is important for me to win the Diamond race this year. I will be going to Zurich next. I am happy with my results in Rio. I did a very good race and walked away with a medal, I am happy. That race told me that going for the world record is possible. When you train, you always plan to make history. I will be training with the world record in mind this winter. I think I need to do a little more base training. My speed this year was ok, I need to continue that and at the same time improve my resistance.

25/08/2016 22:20