

## Flash Quotes

### Ana ŠIMIC (CRO)

#### High Jump Women - 3rd place

I jumped my season best, which is good. My coach is not here and had some problems with my mark, that's why I did not jump over 1.94. I have to work on my speed the next couple of weeks, this will improve my jumps. Next competition will be in Portland, where I hope to improve again.

14/05/2016 18:07

### Levern SPENCER (LCA)

#### High Jump Women - 1st place

I have finally won a Diamond League event, so I'm really happy. My hamstring started hurting me at one point and I wondered if I should carry on, but I've been jumping really well this season. I am working with a new coach (Petros Kyprianou), we've been working on a few technical things and it is really starting to come together. It is a great way to start my Diamond League season.

14/05/2016 18:07

### Joe KOVACS (USA)

#### Shot Put Men - 3rd place

It was a little rough out there. We were hoping to put in some big throws today but it wasn't to be. The timing was a little off today, but it is still early in the season and hopefully I will be a little more ready for the next Diamond League meeting in Prefontaine.

14/05/2016 18:38

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## Flash Quotes

### Tom WALSH (NZL)

#### Shot Put Men - 2nd place

It was a good start for me in my first Diamond League of the season. I had a good first throw, but then the competition went a little flat in the middle. I was pleased to bounce back with a 21m throw with my final attempt. Overall, I'm pleased to throw over 21m for my first throw of the season.

14/05/2016 18:41

### Kurt ROBERTS (USA)

#### Shot Put Men - 1st place

Great to win here in Shanghai! The ring was a bit slippery, so I changed my left shoe to a faster one. During the competition I was thinking about my little daughter, she is 7 months old. I did this for my little baby girl! It is nice to have this shape already this early in the season. At the olympics I think I will be in 22m shape. For now, I'm focus on the trials.

14/05/2016 18:43

### Xinyue SU (CHN)

#### Discus Throw Women - 4th place

I feel good about the competition today. i started a little bit late in the winter training, but i have already reached the 61m which can make me push harder in the future after the competition. i wish i could get in the top three in the Rio Olympics , so i will cheer myself up and work harder.

14/05/2016 18:46

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Flash Quotes

**Sandra PERKOVIC (CRO)**

**Discus Throw Women - 1st place**

This victory means a lot to me. To open the season with a meeting record and world lead is a great start. I have never been in better shape and I'm actually a little angry with myself that I didn't throw a little further. Maybe I will do that at Prefontaine. I have never been in better shape. For the first time in many years I am healthy without back, knee and ankle problems. I am 100 per cent healthy. I know I have to be in great shape to be in the fight to win gold and deliver my dream of gold at the Rio Olympics.

14/05/2016 18:50

**Patryk DOBEK (POL)**

**400m Hurdles Men - 2nd place**

I'm so surprised, 2nd place, didn't expect that. Verry fantastic! With this race I qualified for the olympics. Before the race I feel bad, feel the wind. But the race went better than expected.

14/05/2016 19:11

**Nicholas BETT (KEN)**

**400m Hurdles Men - 6th place**

It was my first Diamond League of the season and now on to Oslo. I found the wind really tough and I didn't get my strides right between the hurdles.

14/05/2016 19:11

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Flash Quotes

**Patryk DOBEK (POL)**

**400m Hurdles Men - 2nd place**

I dipt to early, I had to wait till the finish line. Lesson for the next race in Ostrava. But it was nice. This is my 5th time in Shanghai Diamond. Love this competition! I don't have that much sleep, as I have a little son. My wife is qualified for the olymics and I'm very proud!

14/05/2016 19:11

**Michael TINSLEY (USA)**

**400m Hurdles Men - 1st place**

It was good start to the season. I really wanted to execute that second bend and I felt I did that quite well. I was under a lot of pressure down the home straight and it was good that I manged to hold them (the opposition) off.

14/05/2016 19:14

**Hellen OBIRI (KEN)**

**1500m Women - 2nd place**

I gave birth to Tanya one year and one week ago, so to come back and run 3:59 in my first race since 2014 is great. My training has gone well for many months and I hope to go on and run later this season 3:56 and win a medal at the Olympic Games.

14/05/2016 19:27

**Youxue MO (CHN)**

**100m Men - 9th place**

Today I was thign stained through the match.

14/05/2016 19:29

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Flash Quotes

**Ivana SPANOVIC (SRB)**

**Long Jump Women - 1st place**

It was a nice start to the season, especially as I was not jumping off a full approach - it was two steps fewer than my full run up. We do not run off a full approach at this stage of the season because I have not got up to full speed yet. I had a very good winter's training, we have worked on some technical areas and it is going well.

14/05/2016 19:31

**Zhenye XIE (CHN)**

**100m Men - 8th place**

i feel bad about the race today and i will keep pushing.

14/05/2016 19:34

**Justin GATLIN (USA)**

**100m Men - 1st place**

I came out here to execute and I know being an Olympic year, it is a long season and my coach and I have a plan. He is training me like Mike Tyson to knock out the opposition and keep swinging! The ankle injury over the winter made it a difficult preparation, but Diamond League races are important to win.

14/05/2016 19:41

**Nick SYMMONDS (USA)**

**800m Men - 10th place**

The only thing I thought was: we have to go!! I've got a perfect start!

14/05/2016 19:50

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**Bram SOM (NED)**

**800m Men - Pacemaker**

There was high jumpers and javelin throwers on the track and I held my hand up for the starter to stop the race. He did but then the race started. I was waiting for a recall but it never came and I was 30m behind the field.

14/05/2016 19:51

**David RUDISHA (KEN)**

**800m Men**

I'm so upset! I lost 2 seconds because of the start. There were high jumpers in the lane and they start...

14/05/2016 19:52

**Femi OGUNODE (QAT)**

**100m Men - 2nd place**

I had a bad start, as always. I have to work on this. The rest of the race was ok, have not to complain about that. I wanted to run every race sub 10 seconds. Competing in China is good for me, great to be here. I'm the Asian record holder 100m and 200m and have the world lead, for sure I will improve those this season, for sure!

14/05/2016 19:53

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### Femi OGUNODE (QAT)

#### 2nd place

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14/05/2016 19:53

### Tianna BARTOLETTA (USA)

#### Long Jump Women - 3rd place

There was good news and bad news (with this performance). The good news is, I'm jumping far for this early in the season. The bad news is I'm jumping 30cm, 40cm or 50cm behind the board. I need to take this result with a grain of salt. I overhauled my sprint mechanics for much of the winter and I've only been jumping for the past two months.

14/05/2016 19:55

### Faith KIPYEGON (KEN)

#### 1500m Women

I didn't have a time in my head. I just wanted a good time in the race and to win. God knows who wins.

14/05/2016 20:09

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Flash Quotes

**Hyvin KIYENG (KEN)**

**3000m Steeplechase Women - 1st**

Wauw a personal best and a meeting record! I'm proud of my last 400m, that was my strongest point. I was very relax before the raxe, confident about my shape. Looking forward to the rest of my season.

14/05/2016 20:11

**Huijun LIN (CHN)**

**200m Women**

I was happy to perform in my hometown, even though I finished 8th, but it is still a PB performance

14/05/2016 20:16

**Bohdan BONDARENKO (UKR)**

**High Jump Men - 1st place**

I jumped on new spikes today. I need to train more on them. Last year I jumped also at the Shanghai Diamond League, I was second with a better result in 2015.

14/05/2016 20:20

**Murielle AHOURE (CIV)**

**200m Women - 1st place**

I'm really happy to win my first 200m of the season, especially coming off a really serious knee injury. I couldn't walk or jog for a long time. I took eight months out and that's why I missed indoors. I've only been back two months. I'm blessed to be back with the main goal to be fit and well for the Olympics.

14/05/2016 20:21

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Flash Quotes

**Veronica CAMPBELL-BROWN (JAM)**

**200m Women - 2nd place**

To be honest, I'm disappointed. I've been really hitting my marks in training, but I failed to deliver. Such is life. I think maybe I need to take it a little easier in training and listen to my body a little more and not allow my killer instinct to take over.

14/05/2016 20:24

**Guowei ZHANG (CHN)**

**High Jump Men - 2nd place**

I am not satisfied with today's performance. I will attend the IAAF Diamond League in Rome next. I hope to perform my best in Rio and stand on the medal podium.

14/05/2016 20:24

**Yongli WEI (CHN)**

**200m Women - 5th place**

Today I think I performed well. I am satisfied with my competition. Previously during winter training, I have already broken the national record. For the Rio Olympic Games, I will pay more attention on the women's relay, where our goal is a top eight finish.

14/05/2016 20:27

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Flash Quotes

**Yu WANG (CHN)**

**High Jump Men - 3rd place**

I like the audience here. The Diamond League Shanghai this year made me feel quite good. However, I have injury in my right foot which limited my performance. I will go to Beijing for the next competition and keep focusing on training. I am competitive with Zhang Guowei. I hope one day to be better than him.

14/05/2016 20:29

**Joshua CHEPTEGEI (UGA)**

**5000m Men - 2nd place**

The pace was slow at the beginning, but end very good. I like to have the battle with the Ethiopians. Improved my personal best with a half minute. You know, you have to focus and worked on my speed. This was a good race, but I believe still can improve.

14/05/2016 20:38

**Muktar EDRIS (ETH)**

**5000m Men - 1st place**

I am very happy with the result. It is my first time in Shanghai. I'm pleased with the way the race went and my hope now is to qualify through the Ethiopian trials and make it to the Rio Olympics in the 5000m.

14/05/2016 20:39

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Flash Quotes

**Honglin ZHANG (CHN)**

**110m Hurdles Men - 7th place**

Actually the first two starts did not influence me although it was a smooth starts for me personally. The start of the competition was not good enough. The training went on well and I hope to reach the Rio Olympic level in the following competition.

14/05/2016 20:58

**Jakub VADLEJCH (CZE)**

**Javelin Throw Men - 2nd place**

I have made a good start to the season and I have shown the form I have because of the state of my mind.

14/05/2016 20:59

**Thomas RÖHLER (GER)**

**Javelin Throw Men - 1st place**

It was a solid start to the season, especially as we all had to adapt the conditions. The wind made it difficult for throwing tonight, but it was a decent performance. I'm happy. I was not so surprised by the winning distance after seeing the warm up throws.

14/05/2016 21:02

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## Flash Quotes

### Men GUANG DONG (CHN)

#### 4x100m Relay Men - 4th place

Today we performed quite well, even though we didn't get the first three title. We came here yesterday and didn't train too many times. China 1st group is our model, we are looking forward to chasing them. A heartfelt thank to the audience here who gave us a lot of support.

14/05/2016 21:09

### Men CHINA 1 (CHN)

#### 4x100m Relay Men - 1st place

Peimeng Zhang: Today we had a normal race but the result is satisfying, we need to work on the relay part more and it will be our key part of our future training.

Bingtian Su: We will prepare for the Rio Olympics in the next months and we hope to finish with a top three placing in the Games.

14/05/2016 21:12

### Omar McLEOD (JAM)

#### 110m Hurdles Men - 1st place

Before the race I expected to run a sub-13 time. However, after two false starts it got a little cold and I told myself to stay focused and to run safe, so because of this I did not expect to win and run this time. This is the first time I have been in a race with two false starts. This is something you never experience in training.

14/05/2016 21:18

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Flash Quotes

**Xinglong GAO (CHN)**

**Long Jump Men - 1st place**

I had a little bit pain in my ankle after two jumps, it limited me from pushing myself to my best for the rest of the competition. I was surprised with the result since it was not my best performance. In terms of my next step preparing for the Olympic Games, I will focus on my injury first and take part in the Diamond League competitions in June in Europe. I am looking forward to a good season this year.

14/05/2016 21:27

**Rushwal SAMAAI (RSA)**

**Long Jump Men - 2nd place**

I am pretty happy with today. Okay, I lost on countback but that is sport, you win some you lose some. The bigger distances will come later in the season.

14/05/2016 21:31

**Fabrice LAPIERRE (AUS)**

**Long Jump Men - 3rd place**

It was not too bad and a solid opening for the season. The conditions were not bad as the wind only shifted around a little bit.

14/05/2016 21:33

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## Flash Quotes

### Wenjun XIE (CHN)

#### 110m Hurdles Men - 3rd place

I had a nice race today. The first two starts affected me a little bit but it ended well. After the World Indoor Championships in the US, I had jetlag which caused me to underperform. In the upcoming competition, I will focus on the pace and rest for a while in order to be well-prepared for the Rio Olympic Games.

14/05/2016 21:38

### Sam KENDRICKS (USA)

#### Pole Vault Men - 1st place

I knew here in Shanghai, as it was the opening Diamond League of the season the field would be stacked. We had the world indoor and world outdoor champion and the Chinese vaulters with home field advantage. I just had to take the competition one height at a time and I'm pleased to come out on top. I've finished second, third, fourth and fifth in Diamond League meets before but never first.

14/05/2016 21:39

### Renaud LAVILLENIE (FRA)

#### Pole Vault Men - 2nd place

I am very disappointed with the jury. I was waiting a long time and they forgot about me at my opening height of 5.62m. I don't know whether I was missing from the computer. The competition was then slow. There was a lot of waiting around. It was obviously not ideal, but I still managed to jump 5.83m and gain good points for the Diamond League race.

14/05/2016 21:44

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