

Flash Quotes

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Bastien MOUTHON (SUI)

100m Men B - 5e place

Je suis content, mes temps descendent enfin. Je suis dans les 10"50 sur 100m, le rythme de course revient petit à petit. J'étais encore en 21"30 sur 200m le week-end dernier. C'est la course qu'il me fallait pour me relancer, je me suis fait plaisir et c'est le plus important.

06/07/2017 18:54

Alex WILSON (SUI)

100m Men B - Winner

I'm happy with my time. Pascal pushed me and I was able to win. Now I'm going to focus on the finals later.

06/07/2017 19:03

Ashley SPENCER (USA)

400m Hurdles Women - Winner

The first half of the race was really good and then the second half wasn't really good but really happy to have held on to win. This is my second year in Lausanne and finished 5th last year

06/07/2017 20:13



Flash Quotes

Eilidh DOYLE (GBR)

400m Hurdles Women - 3rd

I am very happy, it was a good race for me. I was calm and focused at the start and gained in confidence as the race progressed. I had a very satisfying performance at the British trials and I am happy to carry that form to the outdoor circuit.

I am in a good state of mind heading to London. I want to be happy with what I do there, I don't want any regrets. Let's see how it unfolds.

06/07/2017 20:14

Léa SPRUNGER (SUI)

400m Hurdles Women - 2nd place - PB

The public helped me a lot to fight all along the race. The national record is very close and is definitely an objective. Most importantly, I want to keep improving to get to London in the best shape possible. I need to be even more relax and fluid over the hurdles and I should get to the record.

I started fast actually, which was good. But then, I was a bit too passive in the second bend. That is probably were I lost those 4 hundreds of second. I did then manage to finish in a rythm of 15 strides, which is very positive.

The plan for the World Championships remains the 400m hurdle. I finished second in this Diamond League on 400h were the field was of World-level, while I finished only 7th on 400m in my previous Diamond League meeting. This shows 400h is the right choice

06/07/2017 20:19

Charles Cheboi SIMOTWO (KEN)

1500m Men

It's a personal best for me. I am delighted. I could not make it to the World Champs but I will focus on the outdoor season in Europe and hopefully build on it and do better next year.

06/07/2017 20:20



Flash Quotes

Aman WOTE (ETH)

1500m Men - Winner

The race was really good. After my injury last year I was very motivated to come back strong in 2017 and having a win here is something I am very pleased with. I will be going to the world championships but have not fixed any objectives there as the level will be very high.

06/07/2017 20:23

Jasmin STOWERS (USA)

100m Hurdles Women

I have not qualified for London so I need to make up by running my best at all meetings I compete in this season.

This is my third time in Lausanne, i love it. Great crowd

06/07/2017 20:32

Ivana SPANOVIC (SRB)

Long Jump Women - 1st place

This contest today was really important for me as it was my first competition of the season. I wanted to come out of it 1st or 2nd. It is a good start of the season. The field of competitors was great here tonight and that is what I need to perform well and push me further.

My level of fitness is not yet to its best but I feel good overall. There are 5 more weeks now to the World Championships in London and I will fully focus on my training.

You know, at home, they only expect gold from me at these World Championships. That is the one medal I miss also so clearly that is the objective!

06/07/2017 20:38



Flash Quotes

Sara KOLAK (CRO)

Javelin Throw Women - 1st

It was good fight. I am confident and capable. The performance did not surprise me. I want to go step by step from here. Stay healthy. Build on strenght and make it to the final in London.

I am writing my own story in my out-of-the-box way. People in Croatia have high expectations and I want to live up to that.

06/07/2017 20:40

Sharika NELVIS (USA)

100m Hurdles Women - 1st place

I am very happy with this victory today. When I crossed the line, I was actually surprised I wasn't announced as winner, but it is all good now...and here come the flowers actually; that's great.

I did a season best, I am happy with that and the crowd was great to support.

As I didn't make the USA team for the Worlds, I definitely want to go for the Diamond this year. I want to keep on improving my time and show I am amongst the best even if I don't compete in London.

06/07/2017 20:41

Marie-Josée TA LOU (CIV)

200m Women

I did not expect this performance, my start was not great- but I am delighted with my result. I am next going to Rabat and Monaco, I hope to do an Arfican record there.

Finally in London - I will just try to do my best whatever that brings.

06/07/2017 20:50



Flash Quotes

Mujinga KAMBUNDJI (SUI)

200m Women - 7th and SB

I feel ok. Last year my race here didn't go well so better this year. One thing I really love here is the ambiance. I am quite tired right now so I will have to relax and then focus again for the 4x100 meters.

06/07/2017 20:52

Tom WALSH (NZL)

Shot Put Men

It was a very strong performance by the group. I am very happy with 21.97. I train a lot with Ryan and he almost always is ahead of me. I need to turn the table at some point of time. Not today, who knows I may do that at the biggest stage.

06/07/2017 20:55

Dafne SCHIPPERS (NED)

200m Women - 1st place

I improved my best performance today and that makes me very happy. It was great to have someone like Marie-José to push in the last 100m. It is always nice to win.

My objective this summer is to get a medal in London.

I am sorry of not speaking more, I feel tired and a bit dizzy right after the race.

06/07/2017 20:55



Flash Quotes

Genzebe DIBABA (ETH)

1 Mile Women - 1st place

I felt well during the first part of the race. I had good legs up until 1200m but maybe went too fast in the first part. And then it blocked. It is a pity as the conditions were good. I need to train some more to have some freshness in the end of the race. My objectives are clearly the 1500 and 5000 at the world championships.

06/07/2017 20:58

Byron ROBINSON (USA)

400m Hurdles Men

I wanted to win and I was close. I think the clearance of the last hurdle costed me the race. I am confident that I will get back where I want to be rather shortly.

I am feeling the progress and soon it will start showing results.

06/07/2017 21:00

Sarah ATCHO (SUI)

200m Women - 8th place

I am satisfied with the race today. I ran again the limits for the championships. I executed the race as I had planned, i.e. staying relax while competing against world class sprinters.

I have the U23 European Championships coming up and there the objective is definitely to enter the final and then aim for a podium, that would be great!

06/07/2017 21:02



Flash Quotes

Kariem HUSSEIN (SUI)

400m Hurdles Men - Winner and SB

The big difference between last year and this year and that I'm fit this year and I'm still improving with my season's best this year. This is great and for it to come with a win in Lausanne in front of this seriously incredible crowd is something that I cherish. You know, I'm a dreamer and even though I'm not the fastest in the world I keep working. I am not putting an objective of being world champion but I just want to improve, compete, get better and let's see what happens and the world championships.

06/07/2017 21:08

Selemon BAREGA (ETH)

5000m Men - 2nd place

I am happy with this second place today. The tempo was great but I lacked a bit of power in the finish to overtake Edris. I got a bit sick (he threw up) after the race because of pushing hard in the final sprint.

I will go to the World Championship with the aim of a medal, hopefully gold.

06/07/2017 21:19

Ben Youssef MEITÉ (CIV)

2nd and SB

Je suis vraiment content d'avoir pu faire mon meilleur temps de la saison. A Paris j'avais déjà fait ma meilleure performance de l'année et aujourd'hui de nouveau je l'améliore d'un centième. L'année passée j'avais déjà fait deuxième donc l'année prochaine sera la bonne! J'ai beaucoup couru cette année donc maintenant je vais me reposer en vue des championnats du monde.

06/07/2017 21:25



Flash Quotes

Alex WILSON (SUI)

100m Men - 7th place

I came here not expecting much from this race, and I run again 10.1. That is great. It is only my 4th race this year. I want to keep improving and go sub-10. That will open the doors of semi-final or even possibly final in London. My next races will be in Luzern and then the Swiss championships. then I'll go back to training to finalise my preparation for London.

06/07/2017 21:34

Justin GATLIN (USA)

100m Men - 1st place

I didn't have a great start. But you only realise how much behind you are when you reach the 40m mark and start executing the second half of your race. I managed to stay relaxed, in line and that is how I succeeded to catch up. I am very happy with this victory. You know, I'm not at my A-game at the moment. That shows I am human. Nonetheless, I had to go out and compete for the USA trials. And I've shown that even with setbacks in my preparation, I am still a competitor. I have been consistent under 10" and that is important. Now I will be able to go back to training knowing the basis is in place. I will face Usain Bolt again in London. It has been an honour to run against him all these years. He has brought the 100m to a whole other level, and in all those competitions, my name is next to him. I've been part of that history he's made. And in particular, this has offered great battles and high-level field of competitors to the public the past years.

06/07/2017 21:34



Flash Quotes

Laura MUIR (GBR)

800m Women - 5th

Muir is back.

I am emotional. Just delighted to be here.

You do not realise the value of something until it is taken away from you.

Last months have been difficult, I am gradually getting back. It was a very good field here.

I need to think of how I progress from now until London and after that. For the moment all I can say is Muir is back.

06/07/2017 21:38

Francine NIYONSABA (BDI)

800m Women - 1st

I am extremely happy. This was a very strong group of runners. I just believe in pushing my body and get maximum I can get out of it.

I do not compete with others I compete with self and try to do my best.

I like front running and will continue with the strategy in London too.

I know Caster will be there and we all know how strong is she. But I am confident.

06/07/2017 21:44



Flash Quotes

Baboloki THEBE (BOT)**400m Men - 2nd and PB**

I was very well prepared for this race quite happy to finish in second position tonight and what more to do it in my personal best time! Something I have to say about this crowd is that I had a lot of support and this is something that you do not find everywhere in the world. Now, I have one more diamond league race in Monaco. One of my ultimate goals would be to break the national record of Botswana.

06/07/2017 21:46

Muktar EDRIS (ETH)**5000m Men - 1st**

It was tough conditions here. I felt the wind was strong and the track is hard - good for sprints but does not help endurance runners. I am happy with the win anyway.

06/07/2017 21:52

Wayde van NIEKERK (RSA)**400m Men - 1st place - WL and MR**

The public was great. That really helps in an event like the 400m. It is my first race in Europe this year and my first 400m. I didn't come with a specific time in mind but I am pleased with this result. I will have one more competition before London. There I want to put on a show and aim for a great time. I do have a love-hate relationship with the 400m. However, I try to always approach it with a positive mindset, not setting myself any limits. And the performances keep coming along which keeps me passionate about what I do. I need that passion to constantly seek improvements. Finishing a 400m is always painful but, this time around, I am actually pleasantly surprised about how I digest the lactic acid.

06/07/2017 21:56



Flash Quotes

Women Switzerland (SUI)

4x100m Relay Women UBS Trophy - 1st and NR

This evening was a really good opportunity to do a great performance and we did it!!! We actually beat the national record and it really feels incredible. I think we were all ready to do something special and not only did we run well but we also passed the baton perfectly well. I think we are now on a role and our next objective is clearly to get into the finals of the world championships and why not beat the national record again.

06/07/2017 22:13

Mariya LASITSKENE (ANA)

High Jump Women - 1st place - MR and DLR

I am very happy with my performance tonight of course. It is a meeting record and Diamond League record. I was very impressed with the meeting here and Switzerland in general as soon as I landed. The atmosphere is fantastic for high jumpers, the crowd really supports you. I will definitely come back! I did not know really what to expect when coming here. It is something I feel on the spot. Apparently, Kasja said in the tribune that the record would be gone by the end of the night. I am very flattered to hear that and that people see so much potential in me.

My next competition is the Diamond League meeting in London. I do not plan any specific heights for my upcoming competitions, be it Diamond League or World Championships. After the Diamond League in London, I will go back to train in Russia, in Moscow. We have great facilities there. I want to keep on progressing but I have not set myself any limits nor progression plans.

The story about Russian athletes in the lead up to Rio Games last year was very tough to live. But as hard as it was as an athlete, I overcome the disappointment, I have let it go and I am focusing fully on progressing and making the world record my own in the long term. I want to make the point with positive stories to help us all moving on.

06/07/2017 22:17



Flash Quotes

Ryan CROUSER (USA)

Shot Put Men - 1st and MR

I feel blessed to have started track and field in middle school to hang out with friends and the fact that my dad was a discus thrower (67 meters) motivated. I went on from there and my motto is always farther and stronger and to get better and better each day. It's an honor to be able to beat the meeting record in this beautiful atmosphere here in Lausanne, Switzerland. My next meet will be in Rabat and then of course the world championships.

06/07/2017 22:20

Sam KENDRICKS (USA)

Pole Vault Men - 1st

I try my hardest whenever I compete. It was tough out there tonight. I could not have done it without the support of guys like Renaud and Pavel.

I used to be beaten often by Renaud in 2015 and 16, I had to learn my way to winning.

In London I want to be as competitive as I can. It is an open contest and anyone can win. I just try to give my best. Delighted to be in Lausanne as always.

06/07/2017 22:27



Flash Quotes

Christian TAYLOR (USA)

Triple Jump Men - 2nd

Very pleased. Had a very consistent series.

I need to refocus my mind and stay in the zone. I am feeling great there is good competition. Our sport needs this competition.

I want to stay healthy and as ready as I can and put my focus on the World Championships.

Atmosphere here was amazing, just love coming here.

06/07/2017 22:30

Renaud LAVILLENIE (FRA)

Pole Vault Men - 3rd and SB

I am really happy to have jumped for the first time this year on a full runup and importantly with conditions that were great. I had top fight today and had good feelings. The fact that it's my seasons best clearly pleases me. Today, I have to admit that my direct competition were better than me today but that's also a factor that drives me to get better each day. This experience in Lausanne is a stepping stone that I am going to use. I believe I still have 10 centimeters in my legs and will strive for that.

06/07/2017 22:35

Pedro Pablo PICHARDO (CUB)

Triple Jump Men - 1st and SB

Today was a magnificent day really. The win is a good feeling for my confidence. Now, my objective is to continue to work my mental and physical strength on a regular basis. I would like to thank my family and my team Benfica. My objective for the season is to go to the finals of the Diamond League in Brussels.

06/07/2017 22:45



Flash Quotes

Julien WANDERS (SUI)

5000m Men - DNF

My legs were not the problem today as they feel good. The problem today was my breathing that blocked at a certain moment that's why I couldn't finish the race. I am confident that I will solve this problem and get better throughout the season.

06/07/2017 22:51

Selina BÜCHEL (SUI)

800m Women - 10th

It was a hard race and the first lap was really fast. I had a little problem with my energy levels today. I don't think it was my best tactical race. I am now going to the Swiss championships in Bellinzona and hope to do well there. Of course my objectives this year is the world championships in London.

06/07/2017 22:58

