

Flash Quotes

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Women United States Red (USA)

4x100m Relay Women - First leg

Tianna Bartoletta: We are so familiar and comfortable with Allyson there is nothing to comment about our exchange. Otherwise at the end maybe it was not well timed from my perspective. We have another relay camp in London afterwards and only after that we will know who will run. But of course I would be happy if it stays like today so that I will be able to run. And this relay helps me in my long jump preparation. I still need to work on some technical issues with coach Raider and be able to attack the highest position in London.

21/07/2017 19:33

Women United States Red (USA)

4x100m Relay Women

Allyson Felix: Always happy to win but of course disappointed when someone doesn't end the race well. Now it's time to train, train and train. Nothing else until the Worlds.

21/07/2017 19:37

Men Canada (CAN)

4x100m Relay Men - Canada did not finish

Andre De Grasse: I have no idea what happened I had my hand ready. It was not what we wanted. After Rabat I wanted to check my speed before the Worlds. Im not sure whether this will be our composition for London, but might be. Now training camp in Madrid and of course I will go for 100/200 double in London. I can also state that stories about me competing here in the 100 m are just rumours. It never was in our plans.

21/07/2017 19:49



Flash Quotes

Men People's Republic of China (CHN)

4x100m Relay Men

Zhang Peimeng: The race was 90% good. Now we will go back to training for London. It will be the same relay and Su Bingtian and I will be doing 100m as well.

21/07/2017 19:50

Men United States Red (USA)

4x100m Relay Men - 2nd leg DL debut

Christian Coleman: It was lot of fun I enjoyed the relay and the whole atmosphere. Yes Im running the 100 m only in London also because I need to save energy after long college season. I will be ready. Concerning post London competitions I m not sure, will sit down with my coach and agent and will go from there.

21/07/2017 19:52

Kori CARTER (USA)

400m Hurdles Women - 2nd win in a row

Finally I executed perfectly the race, 15 strides to 6th hurdle, that makes me happy in second win in a row after Hungary. Yes I know a sub 53 will be needed for medal in London and I want go for it, we actually had that already at US Championships. And my goal for London is gold that is clear. Since last year Im back to my college coach Edrick Floreal.

21/07/2017 20:08

Shamier LITTLE (USA)

400m Hurdles Women

The race went very well I'm happy I placed 2 so I think I'll make it to the final in Brussels but first it's focus on London. And I love Monaco!

21/07/2017 20:11



Flash Quotes

Shamier LITTLE (USA)

The race went very well I'm happy I placed 2 so I think I'll make it to the final in Brussels buta first it's focus on London. And I love Monaco!

21/07/2017 20:11

Conseslus KIPRUTO (KEN)

3000m Steeplechase Men - withdrawal

I will not be running as do not want to risk before London. It is a precautionary measure with my ankle. Running is going well but jumping is risky at this point. But no worries for World Championships, I will be there.

21/07/2017 20:13

Timothy CHERUIYOT (KEN)

1500m Men

Race was really quick! That's how I was able to do my PB - first time under 3.30! I finished 2nd at the Kenyan trials so I'm qualified for London and that's where I'm heading next, planning to do even better!

21/07/2017 20:24

Elijah Motonei MANANGOI (KEN)

1500m Men - World lead

After PB in 2015 here I got silver in Beijing, now I won here so the only goal for London could be gold. Im going for it, slow or fast, I do not care, Im in pretty good shape. I trained well and we are team mates in one group with Cheruiyot so I was pretty sure I will beat him in the last 100 m. Monaco is the best track for 1500 m.

21/07/2017 20:29



Flash Quotes

Isaac MAKWALA (BOT)

400m Men

This race felt good from start to finish! I have now decided that I will be doubling 200-400m in London. Now I'm done and I will go to Cardiff to train until the World.

21/07/2017 20:33

Ajee WILSON (USA)

800m Women

US Record? Waouh! I hadn't seen the time yet! It felt so good to be competitive again, it was great! Now going home in Philadelphia to prepare for London.

21/07/2017 20:46

Sifan HASSAN (NED)

800m Women - PB

Its amazing, it proves Im fast, good for my London plans, nothing is changing I will go for 1500 and 5000 m double. But for sure I will have the fastest 800 among entrants in this events.

21/07/2017 20:48

Caster SEMENYA (RSA)

800m Women - World lead DL record Nat record

I showed my strength, it was a hard fight until the end. The girls surprised me how good they ran. The pace was ok for me I wanted to go around 56. But I did some small technical mistakes which slowed me down. I knew I should not allow Nyionsaba take the lead. My coach back home Jean Verster will be amazed. I think I can run really really fast we are training for that. Now we still must decide, maybe tonight what I will do in London, if only 800 or also 400 or 1500 m. Main thing is to stay healthy and then a top result will come.

21/07/2017 20:53



Flash Quotes

Marie-Josée TA LOU (CIV)

200m Women

C'est sûr que ce n'est pas ma meilleure course, je pense que j'ai quelque chose au niveau des pieds. Le mental n'est pas là non plus, mais il fallait faire une course avant les mondes alors il fallait être là. Maintenant, je rentre chez moi à Abidjan me reposer et me repréparer pour les mondes.

21/07/2017 20:55

Marie-Josée TA LOU (CIV)

200m Women

For sure it's not my best race, not very happy. I think I hurt my feet a bit. The head was not there either but I had to run before London so I had to be there. Now going back home though so I can rest and train for the Worlds.

21/07/2017 20:59

Wayde van NIEKERK (RSA)

400m Men - Meet record

It was great performance today, Im feeling positive about it. My body feels to be in great shape and this win from behind gives me lot of confidence. We still are not peaking, we trained hard last week, all should be ok for London and my double. I was forced to change my plan when I saw Isaac in front in last 100 m. All went well. Ready for the big plan.

21/07/2017 21:06

Pierre-Ambroise BOSSE (FRA)

800m Men

J'étais venue pour faire les minimas, je les ai fait, je suis super content, de plus en plus confiant sur la piste. c'est la 4e fois que je viens ici et la 3e fois que je perf. Jusqu'à ce que je gagne, je continuerais à venir à Monaco. C'est toujours génial de venir ici.

21/07/2017 21:07



Flash Quotes

Emmanuel KORIR (KEN)

800m Men - World Lead and PB

I wanted to run faster, I was thinking about 1:42, but could not work well with the pacemaker. Of course it is a great debut in Diamond League for me. You know I was a 400 m runner, started in 2014 in high school back in Kenya and Im running only for first year the 800 m. In London I want to be the best, Im gonna win.

21/07/2017 21:14

Kendra HARRISON (USA)

100m Hurdles Women

My coach wanted me to run and he wasn't expecting anything crazy but I needed to run before the Worlds. I will stay in Monaco and train till London.

21/07/2017 21:17

Thomas RÖHLER (GER)

Javelin Throw Men - worst throw 86.80

I m really satisfied with the consistency today, my worst throw was 86.80. I needed to be precise, high throws did not help due to the strong head wind, so I needed to be back with low throws. I know to throw far you need to go for high throws. London is a closed stadium so we will not go for records, but for winning. The key is to keep what you do, not to be stressed too much. I will train at home in Jena until Worlds, only for 3 days we go to Kienbaum to meet German media.

21/07/2017 21:20

Laura MUIR (GBR)

3000m Women

The race was FAST! I've done my outdoor Personal best so that's great! In London, I'll double 1500m and 5000m and now back to England to train for London.

21/07/2017 21:26



Flash Quotes

Hellen OBIRI (KEN)

3000m Women

Even though I didn't break the meet record, I did a World Lead, and I think I ran pretty fast today so it was great! In London, I'll be doing the 5000m and now I'm going back to Kenya to train.

21/07/2017 21:32

Isiah YOUNG (USA)

100m Men - 0.03 behind Bolt

I was thinking you would need 9.8 to win today, but at the end of the day it was 9.9 what made it. I m happy i was there and so close to Bolt at the end of his great career. Couple of days ago I was told I will run the 200 m in London so this sub 10 is great preparation for that. I need to execute well and then I can attack a medal in that event.

21/07/2017 21:43

Kevin MÉNALDO (FRA)

Pole Vault Men

C'est ma meilleue compétition cette saison. Je passe 5.60 et 5.72 au 1er essai, facile. Même avec la barre à 5.82, je suis au -dessus donc quelques petits réglages techniques à faire avant les mondes et on espère que ce sera bon là-bas. Là je repars à l'INSEP m'entraîner jusqu'à Londres.

21/07/2017 21:51

Jairus Kipchoge BIRECH (KEN)

3000m Steeplechase Men

The race was not bad. Losing to USA is not usual but it's sport, everyone can win and it's good. I still do a season best and now will go back to Kenya to train for the worlds.

21/07/2017 21:55



Flash Quotes

Renaud LAVILLENIE (FRA)

Pole Vault Men

Je commence le concours à 5.72, c'est intéressant puisque c'est la première fois de la saison. Et puis après je sais pas, je n'ai plus de jus pour 5.82. Rien d'alarmant pour les mondes, j'ai souvent fait des super performances juste après des mauvaises. Donc on se concentre maintenant sur les mondes en rentrant chez moi.

21/07/2017 22:02

Evan JAGER (USA)

3000m Steeplechase Men - World lead

It was kind of our plan to run steeple at the DL circuit only now. The previous ones did not fit well into our plans, we had training camp at altitude etc. We are keeping our options open for best possible tactical plan for the Worlds. But one thing is clear Im going for gold.

21/07/2017 22:04

Renaud LAVILLENIE (FRA)

Pole Vault Men

I start the competition at 5.72, which is interesting because it's the first time this season. And then I don't know, I'm out of oil for 5.82. Nothing to worry about just before the Worlds as sometimes my worst performances preceeded my best ones. So now, it's back home to train and focus on the worlds.

21/07/2017 22:08



Flash Quotes

Mariya LASITSKENE (ANA)

High Jump Women - meet record

It was great today, I jumped meeting record. Im not thinking about technical parts of the jumps, that is for my coach. Also I m not thinking about World records, Im jumping my best possible, improve from competition to competition. Obviously in London we want to win and achieved the best possible result. Great public here, thank you Monaco.

21/07/2017 22:18

Caterine IBARGUEN (COL)

Triple Jump Women - winner with last attempt

I have some minor issues with my achilles, so I m happy I managed with last jump to win. I need to get fully ready and healthy for London. Do not worry I will do it.

21/07/2017 22:24

Usain BOLT (JAM)

100m Men - 53rd sub 10 of the career

It was good, Im going into right direction, still lot of work to do. Im always here for the fans, and of course I will miss the vibe around the track. Mixed emotions always, happy for my careeer, sad that it is ending. Sub 10 always good. Exciting race, lot of energy, planning to chill after London with my family, but Im not sure what will be my next plan after this season.

21/07/2017 22:35

Piotr LISEK (POL)

Pole Vault Men

It was tough for me today, lot of pressure. But I managed to win, that is important before London. Now I must travel for Polish championships still this weekend.

21/07/2017 22:47

