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# Manqi GE (CHN)

#### 100m Women B Race - Heat 1 - 1st place - PB

It is a Diamond League event here and I prepared very well for it. The atmosphere is great. I am very happy with this great PB for me. My previous Personal Best was 11.17. I don't have a time in mind as an objective. I simply focus on improving step by step, continuously.

The World Championships in Doha are definitely the objective of the season for me this year. I aim at getting into the final of the 100m.

05.07.2019 18:47

## Lilly NÄGELI (SUI)

#### 1500m Women U18 - 1st

I'm really happy to be in such a great stadium with such an atmosphere and win the race. I didn't make the limit for the U20 European Championships but that's not a problem. My next step will still be the U20 european championships for either 800 meters or 3000.

05.07.2019 19:12

## Kelsey-Lee BARBER (AUS)

#### Javelin Throw Women - 2nd + AR

I arrived in Switzerland sunday and in lausanne yesterday. It feels great in Lausanne as in 2017 I already did a PB. Now breaking the Australian record feels super. I have been quite consistent and getting better and better during the season. My next step will be Lucerne, I'll go on to London and my big objective of the season will be to qualify for the Diamond League finals in Zurich.

05.07.2019 19:37

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## **Christin HUSSONG (GER)**

#### Javelin Throw Women - 1st place, SB

It was great today. It's my first Diamond League win. I knew that I would be able to throw better than at my last competitions. I'm very happy and I know that it can get better.

05.07.2019 19:38

# Barbora ŠPOTÁKOVÁ (CZE)

#### **3rd place**

I am actually happy with my performance today. I have suffered pain in my achilles tendon these last few months. Things are getting back in order now and moving in the good way. There is still some meter to gain though.

I am managing my seayon keeping in mind that it is a pre-Olympic year, my eyes are set on Tokyo already. I still like to train and compete and spend time on the track. That is why I continue throwing. I've competed once in Doha before but the set up will be completely different; the World Championships are a complete different story. We will see how things unfold until then.

05.07.2019 19:39

# Rasmus MÄGI (EST)

#### 400m Hurdles Men - 2nd

Performance-wise I struggled a bit in the first part of the race, however I managed to cover grounds in the second half. Overall happy to come and compete here in Lausanne. They know how to put together a great event here.

The level in 400m hurdles is very high with so many amazing performers, it is pushing all of us and lifting our levels. Still a long way to go before Doha, I am taking it one day at a time.

05.07.2019 20:02

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### Luke CAMPBELL (GER)

#### 400m Hurdles Men - 1st place

I am happy with this first place today, because it was against a field of strong opponents! I did a few mistakes and this is not yet the world standards but I'm getting close to it. This is good because I started my season late due to injury. And this is probably a good thing considering the World Championships are so late this year.

05.07.2019 20:02

## **Brittany CREW (CAN)**

#### Shot Put Women - 2nd

This is the first big competition of the year. I broke my foot last august. It is quite incredible to be second today as I got a last minute invitation. I travelled from 7 in the morning until 8 in the evening yesterday to be here. I didn't get a lot of throws in but the third attempt was really good and got me my second place. My next steps are the italian world university games and I think I'm now qualified for the diamond league finals as well. The major goal of the season will be to throw at my peak level in doha at the world championships.

05.07.2019 20:02

## **Christina SCHWANITZ (GER)**

#### Shot Put Women - 1st place

It was a great day for me and a great competition. I'm very happy. I didn't expect the consistency. During the fifth attempt one could see that I wanted to work on the technique. It's my children's birthday today. They don't realise what happened.







## **Gabrielle THOMAS (USA)**

#### 200m Women - 1st place

I am very happy with this victory today. I've had a slow start of season, but things are coming together now and that feels good. It still has been a bit of a mental battle at the end of the race but very satisfied with how I executed the first part.

I am going to Budapest next, and then I have the US trials at the end of the month. The goal is really to make the US team for the World Champs this year

05.07.2019 20:24

### Salwa Eid NASER (BRN)

#### 400m Women - 1st place, MR, SB

I thought: "Did I win?" I liked the race. I could feel the pace of the World Championships. I don't know my plans for the next weeks, maybe I go home. My coach is full of surprises. I'm feeling okay, I'm happy.

05.07.2019 20:24

### Halimah NAKAAYI (UGA)

#### 800m Women - 2nd place

I am very happy today. The weather is perfect, great track. Sure, I'm second but I know it is only a few details that need to come together to be able to move to the first rank. Basically, I need to work on my speed. My PB is at 1'58. Today is 1'59 so I am getting closer. And with the time ahead of us this season, I'm sure I can bring that down to 1'57. With this, I should be able to make it to the final of the World Championships and from there, anything is possible really.







### Aminatou SEYNI (NIG)

#### 400m Women - 2nd place - NR

It is the first time I am breaking the national record, this is fantastic. It is clear that the tight duel with Naser (1st place - two hundreds of second ahead) has helped me a lot to push my limits till the very end of the race. With this improvement, it is clear that my objective in Doha is to get in the final and even on the podium.

05.07.2019 20:31

## **Daniel ROBERTS (USA)**

#### 110m Hurdles Men - 2nd

This is my first time in Lausanne and Switzerland. I really felt the public today and quite happy with my second position. I must say it wasn't a clean race. I have been having a few aches as well and hoping to go faster still. I will be in Lucerne next week end and then back to the US for the US championships on the 25th July.

05.07.2019 20:33

### Kariem HUSSEIN (SUI)

#### 400m Hurdles Men - 4th place

Clearly, I am not satisfied with my result today. When you have an open race - i.e. where the world first three top athletes are not there - in your home country, your sole goal is to win. And that is not the case today so I am disappointed. I need to keep the rythm when going over the hurdle, which was not the case towards the end. And at the moment, I don't have the power to give another kick on hurdle 9th and 10th. I will keep working on it of course, already in my next race which in Tuesday in Luzern.







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Flash Quotes

## **Orlando ORTEGA (ESP)**

#### 110m Hurdles Men - 1st

Lausanne is always a great place to come and compete, great crowds, great conditions. I am very happy with the performance today, I feel I am in a great shape and am inproving on a daily basis.

As the season progresses I believe I can go under 13. I have faith in myself and my coach. The big target is of course the Doha World Championships, but I do want to win the Diamnod League too. 05.07.2019 20:35

### **Caterine IBARGUEN (COL)**

#### Triple Jump Women - 1st

I'm very happy with my victory tonight and with the quality of my jumps. Even if not all were valid, they were all pretty good technically speaking. I love the atmosphere, the crowd, the weather and the track here, I had a great time.

Obviousely Doha is my big goal this year. But I am also looking forward to the Panamerican Championships in Lima before that. My next meet will be Monaco.

05.07.2019 20:37

## **Nelly JEPKOSGEI (KEN)**

#### 800m Women - 1st

I am progressing with every race, my goal is to be selected for the Kenyan team to go to the Doha World Championships. A win here has given me a lot of confidence, I do hope that my time improves as well.

05.07.2019 20:40

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### Ferguson Cheruiyot ROTICH (KEN)

#### 800m Men - 2nd place

I am happy with that second place, especially considered I landed at 1pm today. It is great weather, I like running in those conditions. I am going to Monaco and London next. I want to get into low 1'43 or even 1'42, which is around my PB. It is important that I build speed ahead of the Kenyan trials that are taking place in August.

05.07.2019 20:43

## **Emmanuel Kipkurui KORIR (KEN)**

#### 800m Men - 3rd, SB

The way I started was good, the part in the middle of the race was fine. I still have problems with my leg. It will be fine at the end of next week. The race was good. I have no complaints.

05.07.2019 20:43

### Wyclife KINYAMAL (KEN)

#### 800m Men - 1st, 3rd perf this year

This is my first diamond league win of the season and that means a lot to me. At 70 meters from the finish I was not leading the race and I decided to accelerate and I was confident I could win. It only goes up for me from now on. Indeed, my objective of the season is to run 1:42. My staff will now decide when the next races are for me.







## Marie-Josée TA LOU (CIV)

#### 100m Women - 2nd place

I am not really satisfied with my performance today. It is still a Season Best but I clearly stayed in the blocks at the start. I lost some focus and impulse due to the first false start. That's a pitty but part of the race. I am going to Monaco and London next then will have a break of competition. I will go for another cycle of training in order to sharpen my fitness and speed for the world championships.

05.07.2019 20:54

# Dina ASHER-SMITH (GBR)

#### 100m Women - 2nd, SB

My coach will be frustrated about my start. I was annoyed when I crossed the finish line. I'm obviously not in the best shape I can be. At the Diamond League in London I want to run as fast as I can and win. I have a season's best so I can't complain.

05.07.2019 20:55

## Mujinga KAMBUNDJI (SUI)

#### 100m Women - 7th

The race was OK for me today. The first part of the race went well for me and then the second part I crisped up and didn't finish great. I'm happy to have run my PB this year and the goal to go faster and faster as the season rolls on. It's always a pleasure when the public roots for you and you run in your country. Thanks to the public and I'm looking forward to next year.







### Shelly-Ann FRASER-PRYCE (JAM)

#### 100m Women - 1st

I came to Lausanne in a very happy state of mind despite a poor performance in Stanford. I am deligted with 10.74 today, such ups and downs make sure that you do not take anything for granted and do not get complacent.

It is a long season this year, I am feeling great. Lets see how the season progresses, I will happily embrance anything that the season will throw at me. I am going to enjoy and do my best.

05.07.2019 20:59

## Yomif KEJELCHA (ETH)

#### 5000m Men - 1st

It's been a very difficult start to the season this year. I got injured after Shanghai, it took me some time to recover and I made a return in Stanford. But my performance was so bad, I felt a lot of stress and pressure. Today's win is a great boost to my confidence. I am hopeful soon I will achieve the qualification standards for Doha.

For now, I am very happy with my performance today.







### Julien WANDERS (SUI)

#### 5000m Men - PB

I have smashed my PB today, I am super happy about this. Moreover, I've played a real role in this race, taking the lead, trying to put some rythm. I can say it today: I've had as much fun on the track as I'm having on the road. I certainly have the world standards for Doha now and I've sprinted till the very end to try to make the standards for Tokyo (1'13"50 for Swiss athletes). I might miss them for only a few tenths of second though.

I am racing in Luzern next Tuesday on 3000m to build up speed and possibly attack the national record. Then, I go to Hengelo on 10000m to qualify for the world championships.

05.07.2019 21:19

### **Michael RODGERS (USA)**

#### 100m Men - 2nd

My start to the race today wasn't the best but the second part of the race I was where I wanted to be and closing back on Justin. The one objective now is to make the American team. Timewise, my goal is to close in on 9.7 seconds. I love the energy that the Lausanne crowd gives and I'm looking forward to coming back next year. I'll be leaving to Italy now for training.







## Zuzana HEJNOVÁ (CZE)

#### 400m Hurdles Women - 2nd

This is my season best, honestly I did not expect such good performance this early in the season. I just wanted to go in there and give myself a good start but as the race progressed I kept feeling good and I pushed.

This is a long season and I am taking one step at a time. I am in getting into a good shape, my training is coming along well.

05.07.2019 21:29

### Justin GATLIN (USA)

#### 100m Men - 1st

It was a smooth race. I think the people here are nice. I was coming here to finish strong. I was instructed to have a clean start. On the last ten meters I felt like I was winning. I'm going to go home after Monaco. I'm feeling strong and more competitive. The podium is not promised at the World Championships.

05.07.2019 21:31

## Selemon BAREGA (ETH)

#### 5000m Men - 2nd

I am happy with this race as I was still tired from Prefontaine last weekend. My second position is OK. I do not have a target time for this season. I'm also quite happy to be qualified for the 5000 and the 10000 at the world championships.







## Shamier LITTLE (USA)

#### 400m Hurdles Women - 1st and SB

I'm really tired after this race but thrilled to have won it. This is my fourth time in Lausanne and I love the atmosphere. I actually think it's the loudest it's ever been here. Congratulations to the public. The season is still long and I don't have specific time goals. With regards to the season goals, it's clearly going to be the US trials and the Panam games.

05.07.2019 21:37

## Mirela DEMIREVA (BUL)

#### **High Jump Women**

I just missed out on 2 meters today but finished third. The 2 meters bar is the bar I want to get over now at each competition. I will next be going to Monaco and hopefully do better there. It's a lot of work to stay with the best in the field today as the level is very high. My confidence level is growing as wll with each competition I do. I'm not scared to say this: " I want to be world champion"







### Jakob INGEBRIGTSEN (NOR)

#### 1500m Men - 2nd and 4th place

Jakob & Filip

F: It was a good race for both of us. Not a PB for me but well for Jakob.

J: for both of us, this was a good race indeed. This is the kind of race that builds confidence. We want to battle with the best ones, this is why we come to Diamond League events.

F: ...and as you can see, there aren't many left in front of us. Personnally, I want to challenge the European Record this season and of course a medal in Doha. It is clear that achieving such performance so early in the season is very encouraging.

J: Our race plan is to go where the best runners are. That is why we focus on the diamond league. The conditions today were really great. Perfect weather, amazing crowd, keep it up Lausanne! F: We had some doubts about how things would unfold today as we raced in Stanford. The

management of the jetlag was a bit of a question for us but it turned out great.

05.07.2019 22:00

## Noah LYLES (USA)

#### 200m Men - 1st, WL, MR, PB

The track here is burning up. I'm feeling good here. Me and my coach have been working really hard. I know I'm running exactly what my coach wants me to run. It was a good, well executed race. It was about getting out strong. There is nothing better than seing the accomplishments of what you have put in. Each year I'm making a huge jump. I'm very satisfied. It's time for the next race.





Diamon League

# Juan Miguel ECHEVARRÍA (CUB)

#### Long Jump Men

I'm happy with my victory tonight but not with the result and with my jumps. I had quite a few problems with my run-up technique today. I'm not sure why, probably I was a little tired. But the crowd was amazing, I really enjoyed competing here. It was my first time in Lausanne, I would love to be back next time.

05.07.2019 22:05

## Women NETHERLANDS (NED)

#### 4x100m Relay Women - 1st place

We are very happy with the victory tonight. This is the first time we are racing with this team. And we saw all the sprinters of Chinese doing PBs in the heats so we knew they would be up there. We are just happy that we finished first. This is a good start for us and paves the right way for us to keep working throughout the summer and perfecting our relays until the World Championships.

05.07.2019 22:06

## Mariya LASITSKENE (ANA)

#### High Jump Women - 1st

Everytime I step on the track it is a new competition for me. I do not see myself as an unbeatable champion, I focus evertime and do my jumps with sincearity. You cannot take anything for granted.

I am satisfied with the performance today, the other girls were strong and they kept pushing me.







## Léa SPRUNGER (SUI)

#### 400m Hurdles Women

This race compared to the previous ones was day and night. AS said in press conference, I felt much better when training these last few days. I ran in a much more easy, economic way, with a better and more controled rythm. This is what allowed me to stay with the pack longer than in the previous races. I will run in Monaco to keep lowering my season best and then go on a competition break. I will get back into training to keep building speed before coming back in competition ahead of the world championships.

05.07.2019 22:10

### Sam KENDRICKS (USA)

#### 2nd

I am delighted for Piotr tonight. Great competitors make great competition, we keep pushing each other and the outcome is there for everyone to see.

Talking about myself, you cannot be anything but happy about 5.95.







## Sarah ATCHO (SUI)

#### 200m Women - 7th place

I will never be satisfied with a time in the 23". I would love to have a season where I'm sub-23" in every single race...but that won't be this year. Execution of the first part of the race was good, came out of the curve good as well but then my legs shut down towards the end.

I need to keep practicing my mental technique; I am not 100% at this point of the season. But this is not too much of a worry as the season is really long. Somehow, I still have about 10 races to achieve the standards for Doha.

05.07.2019 22:13

### **Timothy CHERUIYOT (KEN)**

#### 1500m Men - 1st

Super excited about my time today. Diamond League is extremely important me and the competition is intense. And then there is the World Championships so it is a long season ahead. I certainly want to win as many as I can especially when I am in such a great shape.







## Piotr LISEK (POL)

#### Pole Vault Men - 1st, NR, WL, PB, MR

This is one of the best days of my life. I'm so happy as I work so hard for these types of moments in life. We fight so hard at this level and to be able to beat Sam and Armand today is a dream. Anything over 5.80 is already a victory and I remember last time I was in Lausanne I jumped 5.70 which is quite a good mark. I think one of the main factors today is that my body is in great shape and I was so focused on that last jump. I have the meeting record, the world lead, the national record and my personal best. I know all my competitors will be motivated by this and are out to beat me now. Thanks Lausanne for such a sucer event.

05.07.2019 22:20

### Armand DUPLANTIS (SWE)

#### Pole Vault Men - 3rd place

It was a great contest overall. But days like these, where two of your opponents fly over 5m95 without a single mistake...then you simply have to tip off your hat to them. On my end, I made a little mistake. I had good jumps, which is positive. It simply didn't go as high as I wanted. We had an amazing support from the crowd here. They were with us on every jump and that is a

We had an amazing support from the crowd here. They were with us on every jump and that is a fantastic support when you go for big bars like today.







# Alex QUIÑÓNEZ (ECU)

#### 200m Men - 2nd, NR, PB

It is quite special to be able to beat the Ecuadorian record and do my PB today. My former PB was 19.93 seconds and now I'm sub 19.9. I believe that this stadiums ambiance had a great effect on me today and it's the second time I've come for this special meet. My confidence level is now at it's peak and that's something I can count on for the Panam games as well as the world championships which is the highlight of the season.

