














Competition Schedule

THU 13 JUN 2019

TIMING, RESULTS SERVICE &
DISTANCE MEASUREMENT BY



Time	Event	Remark
18:00	100m Hurdles [76.2cm] Women	U18
18:01	Long Jump Mixed	National
18:10	800m Men	Boys 14-15
18:15	Javelin Throw Women	
18:15	800m Women	Girls 14-15
18:21	1500m Women	National
18:30	100m Men	National
18:35	100m Women	National
18:42	400m Men	National
18:50	400m Women	National
	19:00 High Jump Women	
	19:00 4x200m Relay Mixed	Youth
	19:15 Shot Put Women	
	19:15 1500m Men	National
	19:24 200m Men	National
	19:30 Pole Vault Men	
	19:35 400m Hurdles Women	National
	20:03 400m Hurdles Women	
	20:11 800m Men	
	20:16 800m Women	
	20:17 Triple Jump Women	
	20:25 3000m Men	
	20:30 Javelin Throw Men	
	20:47 100m Hurdles Women	
	21:00 100m Men	
	21:10 3000m Steeplechase Women	
	21:32 400m Hurdles Men	
	21:41 200m Women	
	21:51 1 Mile Men	Dream Mile

