

Flash quotes

As of SAT 31 AUG 2024

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Roje STONA (JAM)

Second 67.85m

This is my first time in Rome, my first time at a Diamond League. I got beaten at the last attempt, but these things happen in sport, I had my opportunities. But, yes, I am a bit disappointed. The result is still good. But I am never really satisfied. I will go back home to Jamaica in a few weeks to finally celebrate my Olympic gold medal. After Paris, I went back to the US to train. I finished college and will train at my college as a professional athlete, so you might see me in Europe more often next season. My coach Ryan Crouser competed at the same time like me here, so he was not able to coach me. I did not execute most of my throws well. I have another meet in Zagreb coming next. I would like to compete in Brussels but I think that I might need a wild card, because this is the only Diamond League meeting I did this year.

30.08.2024 20:53

Kristjan CEH (SLO)

Discus Throw Men - Winner, 68.61m

This stadium is lucky for me, since I won the European Champs here as well. It is one of the prettiest stadiums and a lot of people come to watch, so I love competing here. Today I was slipping on my first attempts, but then I got a good one on the fifth attempt and on the final, I went all in. It clicked, that is what we train for. I feel like I still have something to prove after the Olympics. I was going there hoping to medal and yes, I was sad afterwards, but it was the best men in the world competing, you cannot expect it to be easy. I still have a few competition coming up his season and I feel like I have it in me to throw 70 metres. I did it in the first competition of the year, then the rest of the season did not go as I expected. It is a good rivalry between me and the other young guys, we push each other to the limit.

30.08.2024 21:04

Internet Service: rome.diamondleague.com

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printed at SAT 31 AUG 2024 0:11

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Andy DÍAZ HERNÁNDEZ (ITA)

Triple Jump Men - Winner 17.32

I am very happy, of course. I won in front of my home crowd. It was a beautiful competition at home, in the amazing Stadio Olimpico. I gave everything I had. The result is ok. I had a cramp in my left leg, so I had only two valid attempts. But I managed to do the last one, yet it was a default. I still have one more Diamond League coming

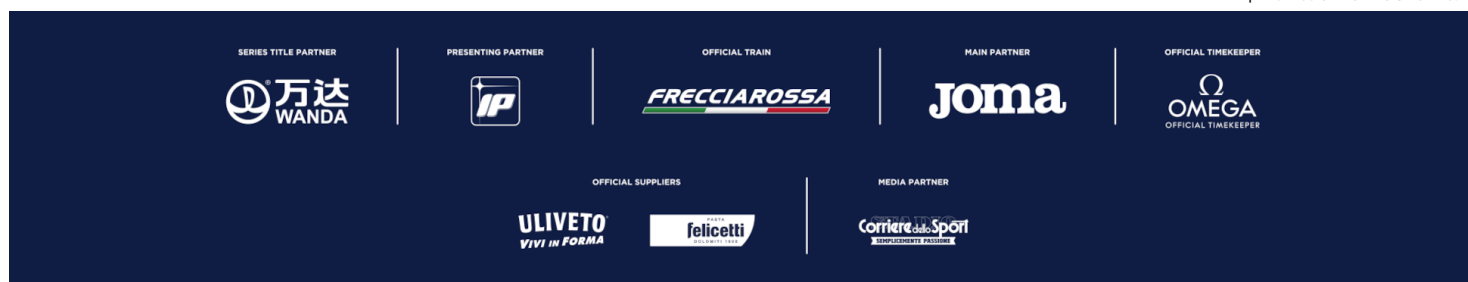
30.08.2024 21:14

Kirani JAMES (GRN)

400m Men - Second 44.30

I feel good, it was a great race considering that I have not competed for two weeks. I was home back in Grenada to celebrate with my teammates who won medals. I was happy to go home and witness this nice celebration. I have been running at this high level for a long time, I think it is because it is really great to represent my country and to give my best for my country Grenada. To be the best I can be. For the Diamond League we will have to see for me about the point standings.

30.08.2024 21:16



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Masai RUSSELL (USA)

100m Hurdles Women - Second, 12.35

My life has not change that much since winning the Olympics, since I am still in season. I think it might change after the season is over. I went home for 1.5 weeks after Paris, just to reset, but I am ready for more races. The plan for the future is to win more races and medals. Running on the circuit is still a new experience for me and it has been amazing. The fans are great and it is a great experience. I need this experience so that when the next big international event comes up, it is just another game in the park for me.







30.08.2024 21:23

Ackera NUGENT (JAM)

100m Hurdles Women - Winner 12.24s NR. WL, PB, MR

This victory is not like a revenge for the Olympics for me. I am just in a really good shape. I was injured before and this is a new experience for me. I am still so young. I still got to show up. My emotions? I guess they have not kicked in yet because I am still so full of adrenaline. I cannot tell you. Yeah, I kind of expected to win here. I really enjoyed this race. For the next races, I do not promise anything because it will depend on the day and the weather also.

30.08.2024 21:24

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Peruth CHEMUTAI (UGA)

3000m Steeplechase Women - Second 8:48.03 NR, PB

I feel good and I am very happy. Yet, I came here for the world record and I missed it. But I still achieved a national record. The world record will be for next time. I kind of paced this race for Yavi. I knew that Yavi has this strong kick at the end. But I planned this race with my coach and my management, unfortunately I missed the world record. I guess I need to train more for the final 100m. I will celebrate this national record tonight.








30.08.2024 21:38

Leonardo FABBRI (ITA)

Shot Put Men - Second 21.70m

I had hoped that more fans would come tonight to the Stadio Olimpico. I wanted to win today and throw over 22.50m. I am in great shape. But I was just rushing through my attempts, my legs were too slow today. But it is ok. I had a lot of fun here and I received a lot of love from our home crowd

30.08.2024 21:40

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As of SAT 31 AUG 2024

Muzala SAMUKONGA (ZAM)

400m Men - Winner, 43.99s

My life changed completely this year. It is hard to even explain this fully. I am recognizable in my home country now and it is not easy sometimes. But you have to be strong enough as an athlete to deal with it. Not everyone is going to like you, it is normal. You just have to do what makes you happy. The win at the Diamond League means a lot. Running sub-44 is not easy, you have to be at top level to do that. I still have the Diamond League final coming up. Anything is possible there. I do not want to say what I will do, I just want to run my best.

30.08.2024 21:43

Anavia BATTLE (USA)

200m Women - Second 22.27 SB

I feel really great, I am so happy. Me and my coach have been working a lot on the last 120 meters, I also focused on my knee lifting on the last 100 meters. And also to stay focused on my lane. I am not disappointed to peak now and not before because everything happens for a reason. I still have Bellinzona coming and the Diamond League final

30.08.2024 21:50

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As of SAT 31 AUG 2024

Ryan CROUSER (USA)

Shot Put Men - Winner, 22.49

I executed a lot better today than I did in Silesia. I no longer feel the jet lag after coming back to Europe from home. It is a good indicator there is a big throw is coming up. Not that today's mark is not big, but I believe I can still get into world record territory. I am trending in the right direction. Mentally and physically you reach your peak at the Olympics, but you can compensate for not being there with being more relaxed. I feel more mentally engaged than normally at this stage of the season. I am throwing consistently and that is important. You train for that one big throw, but when you get consistency, big throws are more likely to come.







30.08.2024 21:58

Winfred YAVI (BRN)

3000m Steeplechase Women - Winner, 8:44.39

I looked at the time after the race and I went 'oh, no!' I was really expecting that record and I was going for it. I definitely feel I should break it and I believe it will happen. I need to work even harder. And I am planning to have another go at it before the end of the season!. My biggest goal for next year is to become a double world champion.

30.08.2024 22:05

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30.08.2024 22:05

Brittany BROWN (USA)

200m Women - Winner, 22.00

I ran a good race, I just put something together tonight. That is something I am happy about. Having won an Olympic medal, I can approach the rest of the season as fun. I can run more relaxed, but it is focused-relaxed. I still want to run fast. What I expect from the Diamond League final is to dominate. Again, it is about putting together a good race. My career goal would be to win a global gold. I have the bronze from the Olympics and silver from the World Champs in Doha, I need to complete that collection.

30.08.2024 22:08

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As of SAT 31 AUG 2024

Lorenzo Ndele SIMONELLI (ITA)

Sixth 13.34

This Olympic Stadium, I have beautiful memories here, winning my European title in June. So it was important for me to run here at Golden Gala and it was important for Italy. I had hoped to run faster but I am still satisfied. The shape is there but I am tired, it was a long season for me. I have done my best. I will still be running in Zurich and hopefully make it to the Diamond League final in Brussels. It is so beautiful to be here, I love this stadium, so many good memories, the crowd cheering for us - wonderful. It was a good race, but not the best race.






30.08.2024 22:11

Lorenzo Ndele SIMONELLI (ITA)

Sixth 13.34

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Hagos GEBRHIWET (ETH)

5000m Men - Winner 12:51.07

This was a very nice race and the track is fast, so I am really happy. Our tactics is that we Ethiopians work together, we have many good Ethiopian 5k runners and if one of us gets tired, another can help out with the pace. I knew "I am not alone". I trained a lot for my last 300-400 meters, for the final kick and this helped me tonight. I will race in Brussels. In Paris I was unlucky because after the qualification I got corona so it was very difficult for me. I am very happy about this victory.








30.08.2024 22:24

Shiann SALMON (JAM)

400m Hurdles Women - Second 53.20s

I feel good, I have been running consistently over the last races. I practice this rhythm and the race so much, I have done it so often this season that it kind of come natural now. Whenever I go out there my intend is to win, but I am satisfied with this second place. I will run in Zurich and hope to be at the Diamond League final in Brussels. I have not been home to Jamaica and look forward to celebrate - very much so. I have not had time to celebrate because I am trying to dig under the 53s barrier.

30.08.2024 22:35

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Faith KIPYEGON (KEN)

1500m Women - Winner 3:52.89

I am so happy. I am satisfied with the pace and with how the race went. It was all about qualifying for the Diamond League final, about getting the points. I enjoyed the race, but I did not see the time. Golden Gala is a great meeting, last year I broke the world record at Golden Gala. The world record was not for today with the Olympics only two weeks ago. For the rest of my season I expect to perform well in my races.







30.08.2024 22:48

Tara DAVIS-WOODHALL (USA)

Long Jump Women - Winner 7.02m

It is almost surreal, I mean noone has jumped 7 meters fo many times this year like me, I have been undefeated. I am tired. Tomorrow I will fly directly to Paris . I just want to see my husband Hunter Woodhall race there. I am excited just to see what he puts down. This year I told myself: no expectations, I worked so hard, I trained with the boys and it paid off. During the competition I did not have the approach I wanted, I had some pretty big jumps in me. Jumping first in the group is not what I prefer. Now I want to put my full attention on Hunter. Then we have some press interviews back home and after that we will go on a holiday at Las Vegas.

30.08.2024 23:24

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As of SAT 31 AUG 2024

Sandi MORRIS (USA)

Pole Vault Women - 2nd. 4.83 SB

Today was everything I could have hoped for. I have had a lot of changes in my life in the last 2 years, changing houses, changing coaches. And with so many changes, it is hard to keep your consistency. Missing the Olympics was heartbreaking, but I went back into training with my coach for 4 weeks and I found the form. I have more competitions coming up this season and I think I have more season's bests in me. I need to stay healthy and there is no reason I can't still jump 4.90. I need to get rid of self-doubt and believe I can do it, then everything is possible.

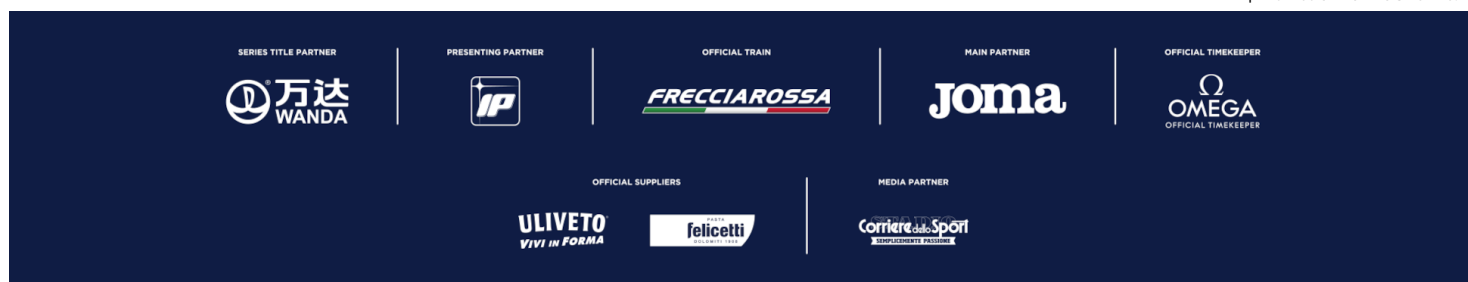
30.08.2024 23:24

Christian COLEMAN (USA)

100m Men - Second 9.92s

With all the changes I made this year, I feel good where I am at now, today. I had a decent start. I will be even better in two weeks at the Diamond League final. Yet, I am not sure about Zurich. I changed my coach this summer. This was a decent race for me. It was the first time since the US trials that I am running in a competition.

30.08.2024 23:27



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Sanghyeok WOO (KOR)

High Jump Men - Winner, 2.30

The track here is perfect and the Italian people are great. I am good friends with Gianmarco and I love competing against him in his country. 2.30 is something I wanted to do this year and I am happy I did it today.

30.08.2024 23:29

Lamont Marcell JACOBS (ITA)

100m Men - Eighth 10.20s

I arrived here quite tired, I am really tired. My legs said "no" today. But the crowd was really amazing. Tonight I could not run faster than that. The race was not how I wanted it to be and I also did not want to risk an injury. I had muscular tensions. in my legs. I am not happy about this result, but it was really great to run here in Rome, in front of this wonderful home crowd. I hope to recover because I have another competition in Bellinzona. After that I will go on a holiday with family to Hawaii. And then a new season will come.

30.08.2024 23:29

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Romaine BECKFORD (JAM)

High Jump Men - 2nd, 2.30 PB

2.30 is something that every high jumper dreams of doing at some point. It is an answer to my prayers than I achieved it today. I knew I had to be patient and everything would come together eventually. Jamaica is rising in the jumping events and I want to put us on the map in the high jump to be a part of this. Gianmarco Tamberi really caught the energy of the crowd here. With me jumping right after him, it gave me a push as well. Jumping against him in this stadium is a great experience, just like jumping in my first Diamond League was recently.





30.08.2024 23:31

Gianmarco TAMBERI (ITA)

High Jump Men - Third 2.27m

I wanted to reward me and the audience tonight. But 2.27m is not what I expected. I am sorry about that. I have the impression that I have to excuse myself for this performance. The fans supported me so much, they embraced me so beautifully. Today a good competition would have been so important for me. Paris was very sad for me. Today I achieved 2.27m with the help of the audience. I am so disappointed. Jumping 2.31m at Silesia Diamond League I felt I used all my energy. But having this energy left for Rome was the most important thing, I should have done better.

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Flash quotes

As of SAT 31 AUG 2024

Nina KENNEDY (AUS)

Pole Vault Women - Winner 4.83m

It was a really good competition. Coming off the Olympics is really difficult. A lot of girls are quite tired. So I went back to Australia and then coming over back to Europe was really difficult. So I am very tired. So just to get the win and attempt a new PB is really good. I am really happy. It was special for me to see my family and to celebrate. The Olympics are really big in Australia. So just to go home and talk to the media and celebrate the Olympic team as a whole was really special. I attacked 4.93 and 4.95 but I am tired. It is like 4am or 5am in Australia, so I am a bit delirious, but the conditions were really good. No wind, really hot and the poles are moving. So I am really happy with this season, it is a lifetime season. I am really proud of myself and I am proud of my team. At the start of the season we set really high goals, we said we want to win the Olympics, we want to win the Diamond League final, we wanna go out and jump a PB. So I am just glad and happy and proud of my team for just doing it. You know, rolling the dice and going all in and getting some really good results. Potentially in the next year, there can be a world record. I am still quite young, I am maturing as an athlete and I do not think I have quite jumped my highest yet. I feel like I am coming into my prime.







30.08.2024 23:37

Monae' NICHOLS (USA)

Long Jump Women - 2nd, 6.82

This is my first Diamond League competition and I finished second, super close to my season's best, so I am thrilled. I thought competing here would be a lot of pressure, but actually the crowd made it fun. They have been lovely, they made competing here exciting. I am very much looking forward to doing more Diamond League competitions in the future. Obviously I have done World Champs and Olympics, but being in the Diamond League is special. It means you really made it!

30.08.2024 23:38

<small>SERIES TITLE PARTNER</small> 	<small>PRESENTING PARTNER</small> 	<small>OFFICIAL TRAIN</small> 	<small>MAIN PARTNER</small> 	<small>OFFICIAL TIMEKEEPER</small> 
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Flash quotes

As of SAT 31 AUG 2024

Sasha ZHOYA (FRA)

110m Hurdles Men - Winner, 13.18

I am happy. I was a little down at the Olympics, but things are getting back to normal. The heat was not a problem today. I come from Australia, so for me, the hotter, the better! This was an incredible experience. The fans made it sound like a football stadium during the World Cup. I will never forget it. If I have to choose, I will choose Paris as my favourite place to compete, but Rome is a close second. The one lesson I will draw from this season is that I need to take care of my body. I have had some persistent problems slowing me down. Next year I hope to stay injury-free and the results should then come.








30.08.2024 23:42

Anna COCKRELL (USA)

400m Hurdles Women - Winner, 52.59

This is my first Diamond League win, so it is pretty exciting! My birthday was 2 days ago, so it is also a great birthday present. This has been a year of many breakthroughs for me. My first sub-53, sub-52, now this. It mostly came from me deciding to be more aggressive in my races. Today I planned to take it aggressively over hurdles 1 through 3 and I did. I was not happy about my hurdle 10, that should have been faster. I was initially a bit disappointed at the finish line, but then I thought 'It is the second fastest time of my career, I will take it'. I am staying in Europe for another couple of weeks, so you will be seeing me!

30.08.2024 23:47

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Nadia BATTOCLETTI (ITA)

1500m Women - 11th, 3:59.19 PB

I was not really expecting to break 4 minutes today, because I have been training for only 2 weeks after an injury. But at the same time I have run 4:03 over the last 1500 in a 5000, so I knew I had this in my legs. This is a prize for everything that happened this year. My life changed a lot after the Olympic medal, but at the same time I am still a regular girl. For example, I just took an exam 2 days ago.

30.08.2024 23:53

Letsile TEBOGO (BOT)

100m Men - Winner, 9.87

This was one of my best 100 metre races. Before this, I imagined what the perfect race over 100 would look like. You have to lock in into your mind and then it can happen. Today I had a great start and it made me think 'Why did I not have one like this in the Olympic final'. I actually did not plan to set a PB today. I remember how my body felt after the last time I ran a 9.8. It was hard to come back from that to run the 200 the next day in Paris. I still have more races coming up and I did not want to get injured before Zurich. I believe in having strong bonds with other sprinters. We compete against each other, but we all do the same thing and we should stick together

30.08.2024 23:57

