



Competition Schedule

TIMING, RESULTS SERVICE & DISTANCE MEASUREMENT BY



Time	Event	Remark
12:23	4x100m Relay Mixed	LB U11
 12:30	4x100m Relay Mixed	LB U13
 12:37	4x200m Relay Girls	LB U15
12:46	4x200m Relay Boys	LB U15
 12:55	4x400m Relay Mixed	LB U17
13:15	Long Jump Men	
13:35	100m Hurdles Women	Round 1 Heat 1
13:45	100m Hurdles Women	Round 1 Heat 2
14:04	400m Women	
14:09	Pole Vault Women	
14:13	5000m Men	
14:20	Javelin Throw Women	
14:35	100m Men	Round 1 Heat 1
14:40	Triple Jump Men	
14:45	100m Men	Round 1 Heat 2
14:55	800m Men	
15:06	200m Women	
15:17	400m Hurdles Men	
15:29	100m Hurdles Women	Final
15:39	1500m Women	
15:50	100m Men	Final
 16:03	T33/34 100m Women	
16:11	T44-64 100m Men	
 16:20	4x100m Relay Women	



SAT 20 JUL 2019